





LAINGSBURG MIDDLE SCHOOL ~ DECEMBER 2016 ~ LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
			1 *PIG-N-BLANKET *HOT HAM & CHEESE SUB CORN CINNAMON APPLESAUCE KETCHUP & MUSTARD	2 *SAUSAGE PIZZA *CHILI W / CHEESE & CRACKERS BROCCOLI MANDARIN ORANGES	
5 *CHICKEN PATTY *BBQ RIBLETS MASHED POTATOES & GRAVY JUICE ROLL & BUTTER BBQ SAUCE HONEY MUSTARD	6 *FISH NUGGETS *FLATBREAD PIZZA BABY CARROTS W / RANCH DIP FRESH FRUIT TARTER SAUCE	7 *CHICKEN TACOS W / LETTUCE & CHEESE ON A W/W TORTILLA *FIESTA PIZZA REFRIED BEANS W / CHIPS PINEAPPLE TIDBITS SALSA & SOUR CREAM	8 *SPICY CHICKEN PATTY ON A W/W BUN *CHEESE QUESADILLA BROCCOLI PEACH CUP BBQ SAUCE HONEY MUSTARD	9 *CHEESE PIZZA ROUND *BBQ SHREDDED PORK SANDWICH ON A W/W BUN GREEN BEANS FRESH FRUIT PICKLES	
12 *POPCORN CHICKEN W / ROLL & BUTTER *TURKEY BURGER W / CHEESE, LETTUCE, & TOMATO ON A W/W BUN CAULIFLOWER W / CHEESE STRAWBERRY - BANANA APPLESAUCE KETCHUP, MUSTARD, & PICKLES	13 *SPAGHETTI & MEATBALLS *FRENCH BREAD PIZZA ROMAINE SALAD W / SHREDDED CARROTS JUICE RANCH OR LITE ITALIAN DRESSING	14 NACHOS DELUXE W / MEAT, BEANS, & CHEESE SAUCE *CHICKEN QUESADILLA PEAS DICED PEACHES SALSA SOUR CREAM	15 *MOZZARELLA STICKS W / MARINARA SAUCE *MINI CORN DOGS W / KETCHUP & MUSTARD STEAMED CARROTS FRESH FRUIT ROLL & BUTTER	16 *PEPPERONI PIZZA *RIB-B-Q ON A W/W BUN BAKED BEANS APPLESAUCE BBQ SAUCE	
19 *CHICKEN NUGGETS W / ROLL & BUTTER *CHEESE PIZZA BROCCOLI TROPICAL FRUIT KETCHUP OR BBQ SAUCE	20 *CHEESEBURGER *FISH SANDWICH ON A W/W BUN FRENCH FRIES CINNAMON APPLESAUCE TARTER SAUCE KETCHUP & MUSTARD	SCHOOL CLOSED – WINTER BREAK 			23
26	27	28	29	30	

THE FOLLOWING ITEMS WILL BE AVAILABLE DAILY A LA CARTE:

COLD SUBS

HOT PIZZA SUBS

ON M-W-F THE SALAD BAR WILL HAVE TURKEY MEAT.

ON T & TH THE SALAD BAR WILL HAVE TACO MEAT.

ADD FRUIT AND MILK TO ANY OF THE ABOVE AND IT COUNTS AS A FULL LUNCH.



The USDA is an equal opportunity provider and employer.

Milk is offered with every lunch meal & all milk is 1% white or fat free chocolate.

W/G= Whole Grain & W/W = Whole Wheat



DECEMBER 2016 BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 YOGURT GRAHAM CRACKERS FRUIT JUICE	4 CINNAMON ROLL FRUIT JUICE
5 CHOICE OF CEREAL GRAHAM CRACKERS FRUIT JUICE	6 POP TART FRUIT JUICE	7 BLUEBERRY MUFFIN FRUIT JUICE	8 CHOICE OF CEREAL GRAHAM CRACKERS FRUIT JUICE	9 APPLE CINNAMON CHEERIOS BAR FRUIT JUICE
12 BLUEBERRY GRANOLA BAR FRUIT JUICE	13 CHOICE OF CEREAL CINNAMON TOAST FRUIT JUICE	14 YOGURT GRAHAM CRACKERS FRUIT JUICE	15 CHOICE OF CEREAL TOAST W / JELLY FRUIT JUICE	18 POP TART FRUIT JUICE MILK
19 CHOICE OF CEREAL FRUIT JUICE	20 BLUEBERRY MUFFIN FRUIT JUICE	21 	SCHOOL CLOSED – WINTER BREAK	
26	27	28	29	30