

# DECEMBER LES/ECEC 2017 LUNCH MENU

| MONDAY  | TUESDAY   | WEDNESDAY  | THURSDAY   | FRIDAY   |
|---|---|--|--|--|
|   |   |  |  | 1<br>CHICKEN NUGGETS<br>W/ROLL<br>SWEET POTATO FRIES<br>FRESH FRUIT      |
| 4<br>CHEESE PIZZA<br>BROCCOLI<br>PINEAPPLE TIDBITS  | 5<br>FRENCH TOAST STICKS<br>SAUSAGE<br>SWEET POTATO PUFFS<br>APPLESAUCE | 6<br>CHICKEN TACO W/LETTUCE &<br>CHEESE<br>REFRIED BEANS<br>TROPICAL FRUIT | 7<br>CHEESEBURGER<br>FRENCH FRIES<br>JUICE           | 8<br>POPCORN CHICKEN<br>MIXED LETTUCE SALAD<br>FRESH FRUIT               |
| 11<br>DOUBLE STUFFED PIZZA<br>CORN<br>STRAWBERRY BANANA<br>APPLESAUCE                     | 12<br>GRILLED CHEESE<br>SANDWICH<br>TOMATO SOUP<br>MANDARIN ORANGES     | 13<br>CHEESE QUESADILLA<br>SOUTHWESTERN BEANS<br>MIXED FRUIT COCKTAIL      | 14<br>MACARONI & CHEESE<br>BROCCOLI<br>FRESH FRUIT   | 15<br>CHICKEN PATTY<br>SANDWICH<br>CELERY STICKS W/RANCH<br>DIP<br>JUICE |
| 18<br>MOZZARELLA STICKS<br>GREEN BEANS<br>CINNAMON APPLESAUCE                             | 19<br>PEPPERONI PIZZA<br>CARROTS<br>PINEAPPLE TIDBITS                   | 20   | 21   | 22   |
|   |   | <b>NO SCHOOL DEC. 20 - JAN. 2, 2018</b>                                    |  |  |
| 25<br> | 26  | <b>WINTER BREAK ... SEE YOU IN 2018!</b>                                   |  |  |
| 1<br><b>NO<br/>SCHOOL</b>   | 2<br><b>NO<br/>SCHOOL</b>   | 3<br>SOFT TACO W/ MEAT,<br>CHEESE, & LETTUCE<br>REFRIED BEANS<br>JUICE     | 4<br>SPAGHETTI W/MEATBALLS<br>BROCCOLI<br>APPLESAUCE | 5<br>PEPPERONI PIZZA<br>CORN<br>FRESH FRUIT                              |

FOR LUNCHES: PAY WITH ONE CHECK FOR ALL YOUR CHILDREN. PLEASE SEND WITH OLDEST STUDENT. PAY BY THE DAY, THE WEEK, OR THE MONTH.

**MILK: .50 CENTS BREAKFAST: \$1.50**

HOT LUNCH SCALE:

|            |             |
|------------|-------------|
| 1- \$2.70  | 6- \$16.20  |
| 2- \$5.40  | 7- \$18.90  |
| 3- \$8.10  | 8- \$21.60  |
| 4- \$10.80 | 9- \$24.30  |
| 5- \$13.50 | 10- \$27.00 |

Milk is offered with each lunch and breakfast meal. All milk is 1% white or fat free chocolate.

We use whole grain/whole wheat in all of our breads, buns, & breading.

Condiments used: Ketchup, mustard, pickles

Dressings used: Ranch, Italian, & Honey French

Salad Bar:

M-W-F ~ Chef Salad (Turkey or Ham)

T & Thur. ~ Taco Salad



# DECEMBER BREAKFAST

| MONDAY   | TUESDAY   | WEDNESDAY   | THURSDAY   | FRIDAY   |
|--|---|---|--|--|
|  |   |   |  | 1<br>CHOICE OF CEREAL<br>TOAST W/JELLY - LES<br>GRAHAM CRACKERS - ECEC<br>FRUIT & JUICE  |
| 4<br>YOGURT<br>ENGLISH MUFFIN W/JELLY<br>- LES<br>GRAHAM CRACKERS - ECEC<br>FRUIT<br>JUICE   | 5<br>CHOICE OF CEREAL<br>GRAHAM CRACKERS<br>FRESH FRUIT   | 6<br>BLUEBERRY NUTRI-GRAIN<br>BREAKFAST BAR<br>FRUIT<br>JUICE   | 7<br>CHOICE OF CEREAL<br>TOAST W/JELLY - LES<br>GRAHAM CRACKERS - ECEC<br>FRUIT - LES<br>RAISINS - ECEC<br>JUICE | 8<br>STRAWBERRY CREAM<br>CHEESE BAGEL<br>FRUIT<br>JUICE  |
| 11<br>CHOICE OF CEREAL<br>TOAST W/ JELLY - LES<br>GRAHAM CRACKERS - ECEC<br>FRUIT<br>JUICE   | 12<br>BLUEBERRY MUFFIN<br>SAUSAGE - LES<br>FRUIT<br>JUICE   | 13<br>CHEESE OMELET - LES<br>ENGLISH MUFFIN<br>W/BUTTER - LES<br>CHOICE OF CEREAL - ECEC<br>GRAHAM CRACKERS - ECEC<br>FRESH FRUIT | 14<br>CINNAMON ROLL<br>FRUIT<br>JUICE  | 15<br>STRAWBERRY NUTRI-<br>GRAIN BREAKFAST BAR -<br>LES<br>YOGURT - ECEC<br>GRAHAM CRACKERS - ECEC<br>FRUIT - LES<br>RAISINS - ECEC<br>JUICE |
| 18<br>SCRAMBLED EGGS W/HAM<br>& CHEESE - LES<br>TOAST W/BUTTER - LES<br>STRAWBERRY NUTRI-<br>GRAIN BAR - ECEC<br>CRAISINS - LES<br>FRUIT - ECEC<br>JUICE | 19<br>CHOICE OF CEREAL<br>ENGLISH MUFFIN W/JELLY<br>- LES<br>GRAHAM CRACKERS - ECEC<br>FRUIT - LES<br>RAISINS - ECEC<br>JUICE | 20<br><br>NO<br>SCHOOL  | 21<br><br>NO<br>SCHOOL   | 22<br><br>NO<br>SCHOOL   |
| 25   | 26  | 27  | 28   | 29   |
| 1<br><br>NO<br>SCHOOL  | 2<br><br>NO<br>SCHOOL   | 3<br>CHOICE OF CEREAL<br>TOAST W/JELLY - LES<br>GRAHAM CRACKERS - ECEC<br>FRUIT & JUICE   | 4<br>APPLE CINNAMON<br>CHEERIOS BAR<br>FRUIT<br>JUICE  | 5<br>CHOCOLATE MUFFIN<br>FRUIT<br>JUICE  |