

JANUARY LES/ECEC 2018 LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		3 SOFT TACO W/BEEF, CHEESE & LETTUCE REFRIED BEANS JUICE	4 SPAGHETTI W/MEATBALLS BROCCOLI APPLESAUCE	5 CHICKEN NUGGETS CORN FRESH FRUIT
8 PEPPERONI PIZZA CAULIFLOWER TROPICAL FRUIT	9 TURKEY BURGER W/CHEESE BAKED BEANS FROZEN STRAWBERRIES	10 NACHOS DELUXE W/BEEF, BEANS, & CHEESE SAUCE PEAS JUICE	11 MOZZARELLA STICKS CARROTS FRESH FRUIT	12 CHEESE PIZZA ROMAINE SALAD MIX SLICED PEARS
15 NO SCHOOL	16 MINI CORN DOGS BROCCOLI PINEAPPLE TIDBITS	17 CHICKEN TACO W/LETTUCE & CHEESE SOUTHWESTERN BEANS APPLESAUCE	18 PIG-N-BLANKET FRENCH FRIES JUICE	19 $\frac{1}{2}$ DAY NO LUNCH SERVED
22 CHEESEBURGER SWEET POTATO FRIES SLICED PEARS	23 FRENCH TOAST STICKS SAUSAGE HASH BROWN JUICE	24 CHEESE QUESADILLA REFRIED BEANS SLICED PEACHES	25 PULLED PORK SANDWICH BROCCOLI PINEAPPLE TIDBITS	26 CHICKEN PATTY SANDWICH ROMAINE SALAD MANDARIN ORANGES
29 DOUBLE STUFFED PIZZA CAULIFLOWER SLICED PEACHES	30 MOZZARELLA STICKS CARROTS CINNAMON APPLESauce	31 WALKING TACO SOUTHWESTERN BEANS PEARS		

FOR LUNCHES: PAY WITH ONE CHECK FOR ALL YOUR CHILDREN. PLEASE SEND WITH OLDEST STUDENT. PAY BY THE DAY, THE WEEK, OR THE MONTH.

MILK: .50 CENTS BREAKFAST: \$1.50

HOT LUNCH SCALE:

1- \$2.70	6- \$16.20
2- \$5.40	7- \$18.90
3- \$8.10	8- \$21.60
4- \$10.80	9- \$24.30
5- \$13.50	10- \$27.00

Milk is offered with each lunch and breakfast meal. All milk is 1% white or fat free chocolate.

We use whole grain/whole wheat in all of our breads, buns, & breadings.

Condiments used: Ketchup, mustard, pickles

Dressings used: Ranch, Italian, & Honey French

Salad Bar:

M-W-F ~ Chef Salad (Turkey or Ham)

T & Thur. ~ Taco Salad



JANUARY BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		3 CHOICE OF CEREAL TOAST - LES GRAHAM CRACKERS - ECEC FRUIT JUICE	4 APPLE CINNAMON CHEERIOS BREAKFAST BAR FRUIT JUICE	5 CHOCOLATE MUFFIN SAUSAGE PATTY - LES FRUIT JUICE
8 CHOICE OF CEREAL GRAHAM CRACKERS FRESH FRUIT	9 STRAWBERRY CREAM CHEESE BAGEL FRUIT JUICE	10 YOGURT ENGLISH MUFFIN W/JELLY - LES GRAHAM CRACKERS - ECEC CRAISINS JUICE	11 SCRAMBLED EGGS W/HAM & CHEESE - LES TOAST - LES BLUEBERRY MUFFIN - ECEC FRUIT JUICE	12 CHOICE OF CEREAL GRAHAM CRACKERS FRESH FRUIT
15 NO SCHOOL	16 CHOICE OF CEREAL TOAST - LES GRAHAM CRACKERS - ECEC FRUIT JUICE	17 BREAKFAST PIZZA - LES BLUEBERRY NUTRI-GRAIN BAR - ECEC FRUIT JUICE	18 CINNAMON ROLL - LES CHOICE OF CEREAL - ECEC GRAHAM CRACKERS - ECEC FRUIT JUICE	19 CHOICE OF CEREAL - LES CINNAMON ROLL - ECEC GRAHAM CRACKERS - LES FRUIT JUICE
22 FRENCH TOAST STICKS W/SYRUP - LES APPLE CINNAMON CHEERIOS BREAKFAST BAR - ECEC FRUIT JUICE	23 CHOICE OF CEREAL TOAST - LES GRAHAM CRACKERS - ECEC RAISINS JUICE	24 POP TART FRUIT JUICE	25 STRAWBERRY CREAM CHEESE BAGEL FRUIT JUICE	26 CHOICE OF CEREAL GRAHAM CRACKERS FRUIT JUICE
29 CHOICE OF CEREAL TOAST - LES GRAHAM CRACKERS - ECEC FRUIT JUICE	30 YOGURT GRAHAM CRACKERS - LES FRUIT JUICE	31 CHOICE OF CEREAL TOAST - LES GRAHAM CRACKERS - ECEC CRAISINS - LES FRUIT - ECEC JUICE		