



LAINSBURG HIGH SCHOOL ~ MAY 2018 ~ LUNCH MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30 *DOUBLE STUFFED PIZZA *BAKED POTATO W/HAM & CHEESE GREEN BEANS APPLESAUCE	1 *CHICKEN PATTY SANDWICH *CHEESEBURGER W/LETTUCE, TOMATO, & PICKLES SWEET POTATO FRIES MIXED FRUIT	2 *NACHOS DELUXE W/MEAT, BEANS, & CHEESE SAUCE *RED CHILI BURRITO PEAS SLICED PEACHES	3 *MACARONI & CHEESE *PEPPERONI PIZZA MIXED SALAD W/DRESSING JUICE RAISINS	4 *MINI CORN DOGS *FISH & CHEESE SUB BAKED BEANS FRESH FRUIT
7 *MOZZARELLA STICKS W/MARINARA SAUCE *TURKEY BURGER W/CHEESE, LETTUCE, & TOMATO CORN SLICED PEARS	8 *GRILLED CHEESE SANDWICH *CHEESE PIZZA TOMATO SOUP TROPICAL FRUIT	9 *BEEF TACO W/LETTUCE & CHEESE *FIESTA PIZZA REFRIED BEANS JUICE RAISINS	10 *PIG-N-BLANKET *HOT SUB CELERY STICKS W/DIP CINNAMON APPLESauce	11 *CHICKEN NUGGETS *BBQ RIBLETS ROLL BROCCOLI FRESH FRUIT
14 *CHEESE PIZZA *BBQ PULLED PORK SANDWICH CHEESY CAULIFLOWER MANDARIN ORANGES	15 *FRENCH TOAST STICKS & SAUSAGE *GRILLED CHICKEN SANDWICH HASH BROWN JUICE	16 *CHICKEN TACO W/LETTUCE & CHEESE *RED CHILI BURRITO REFRIED BEANS PINEAPPLE TIDBITS	17 *MINI CORN DOGS *CHEESEBURGER W LETTUCE, TOMATO, & PICKLES CARROT STICKS W/DIP APPLESAUCE	18 $\frac{1}{2}$ DAY NO LUNCH SERVED
21 *CHEESE QUESADILLA *SPICY CHICKEN PATTY SANDWICH BAKED BEANS SLICED PEACHES	22 *PEPPERONI PIZZA *FISH & CHEESE SUB FRENCH FRIES PINEAPPLE TIDBITS	23 *CHEESEBURGER W/LETTUCE, TOMATO, & PICKLES *ORIENTAL CHICKEN W/BROCCOLI & RICE MIXED VEGGIES MANDARIN ORANGES	24 *SPAGHETTI W/MEAT SAUCE BREAD STICK *FLATBREAD PIZZA MIXED SALAD W/DRESSING JUICE CRAISINS	25 *CORN DOG *POPCORN CHICKEN CARROTS STRAWBERRY BANANA APPLESauce RAISINS
28 MEMORIAL DAY NO SCHOOL	29 *DOUBLE STUFFED PIZZA *TURKEY BURGER W/CHEESE, LETTUCE, & TOMATO CHEESY CAULIFLOWER TROPICAL MIXED FRUIT	30 *WALKING TACO W/MEAT, CHEESE, & LETTUCE *FIESTA PIZZA REFRIED BEANS JUICE RAISINS	31 *FISH NUGGETS *BEEF CHILI W/CHEESE & CRACKERS FRENCH FRIES CINNAMON APPLESauce	

THE FOLLOWING ITEMS WILL BE AVAILABLE DAILY A LA CARTE:

COLD SUBS - HAM OR TURKEY & HOT SUBS - TURKEY, HAM, OR PIZZA, & BOSCO STICKS

MONDAY: CHICKEN CAESAR SALAD

TUESDAY: SOUTHWESTERN SPICY CHICKEN

WEDNESDAY: CHICKEN CAESAR SALAD

THURSDAY: CHEF SALAD

FRIDAY: CHICKEN CAESAR SALAD

SALAD BAR:

M-W-F ~ CHEF SALAD W/ TURKEY OR HAM / T & TH ~ TACO SALAD

ADD FRUIT AND MILK TO ANY OF THE ABOVE AND IT COUNTS AS A FULL LUNCH.

Milk is offered with every lunch & breakfast meal & all milk is 1% white or fat free chocolate

We use whole grain/whole wheat for all of our breads, buns, & breading.

Condiments used are: ketchup, mustard, pickles, taco sauce, & sour cream

Dressings used: Ranch, Italian, & Honey mustard

The USDA is an equal opportunity provider and employer.



MAY 2018 BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30 APPLE CHEERIOS BREAKFAST BAR FRUIT JUICE	1 CHOICE OF CEREAL CINNAMON TOAST FRUIT JUICE	2 SAUSAGE PANCAKE ON A STICK FRUIT JUICE	3 CHOICE OF CEREAL TOAST W/JELLY FRESH FRUIT	4 BLUEBERRY MUFFIN SAUSAGE FRUIT JUICE
7 CHOICE OF CEREAL CINNAMON TOAST FRUIT JUICE	8 YOGURT GRAHAM CRACKERS FRUIT JUICE	9 CHEESE OMELET TOAST W/JELLY FRESH FRUIT	10 CHOICE OF CEREAL GRAHAM CRACKERS FRUIT JUICE	11 CINNAMON ROLL FRUIT JUICE
14 BREAKFAST PIZZA FRUIT JUICE	15 CHOICE OF CEREAL ENGLISH MUFFIN W/JELLY FRESH FRUIT	16 STRAWBERRY CREAM CHEESE BAGEL FRUIT JUICE	17 ENGLISH MUFFIN EGG & CHEESE SANDWICH FRUIT JUICE	18 CHOICE OF CEREAL CINNAMON TOAST FRUIT JUICE
21 CHOICE OF CEREAL GRAHAM CRACKERS FRUIT JUICE	22 SCRAMBLED EGGS W/HAM & CHEESE TOAST W/JELLY FRUIT JUICE	23 STRAWBERRY NUTRI-GRAIN BAR FRUIT JUICE	24 CHOICE OF CEREAL TOAST W/JELLY FRUIT JUICE	25 FRENCH TOAST STICKS W/SYRUP FRUIT JUICE
28 CHOCOLATE MUFFIN SAUSAGE FRUIT JUICE	29 CHOICE OF CEREAL TOAST W/JELLY FRUIT JUICE	30 ENGLISH MUFFIN EGG & CHEESE SANDWICH FRESH FRUIT	31 SAUSAGE PANCAKE ON A STICK FRUIT JUICE	1 CHOICE OF CEREAL TOAST W/JELLY FRUIT JUICE