

NOVEMBER LES/ECEC 2017 LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 NACHOS DELUXE W/BEEF, LETTUCE, & CHEESE SAUCE PEAS APPLESAUCE	2 CHEESE PIZZA CORN JUICE	3 POPCORN CHICKEN CAULIFLOWER W/CHEESE SAUCE SLICED PEARS
6 PEPPERONI PIZZA CORN MANDARIN ORANGES	7 MINI CORN DOGS SWEET POTATO FRIES TROPICAL FRUIT	8 CHEESE QUESADILLA REFRIED BEANS FRESH FRUIT	9 SPAGHETTI W/ MEATBALLS ROMAINE LETTUCE SALAD JUICE BREADSTICK	10 CHICKEN NUGGETS ROLL GREEN BEANS CINNAMON APPLESAUCE
13 CHICKEN FRIES CAULIFLOWER W/CHEESE SLICED PEARS	14 GRILLED CHEESE SANDWICH TOMATO SOUP MANDARIN ORANGES	15 WALKING TACO W/MEAT, CHEESE, & LETTUCE REFRIED BEANS JUICE	16 PIG-N-BLANKET BROCCOLI PINEAPPLE TIDBITS	17 CHICKEN PATTY W/ROLL MASHED POTATOES & GRAVY FROZEN STRAWBERRIES
20 MINI CORN DOGS FRENCH FRIES FRUIT COCKTAIL	21 CHICKEN NUGGETS W/ROLL GREEN BEANS DICED PEACHES	22 NO SCHOOL	23 NO SCHOOL  Happy Thanksgiving	24 NO SCHOOL
27 MOZZARELLA STICKS W/MARINARA SAUCE BAKED BEANS SLICED PEARS	28 DOUBLE STUFFED PIZZA WAX BEANS W/RED PEPPERS STRAWBERRY BANANA APPLESAUCE	29 NACHOS DELUXE W/BEEF, LETTUCE, & CHEESE SAUCE PEAS JUICE	30 PEPPERONI PIZZA ROMAINE SALAD WITH TOMATOES PINEAPPLE TIDBITS	

FOR LUNCHES: PAY WITH ONE CHECK FOR ALL YOUR CHILDREN. PLEASE SEND WITH OLDEST STUDENT. PAY BY THE DAY, THE WEEK, OR THE MONTH.

MILK: .50 CENTS BREAKFAST: \$1.50

HOT LUNCH SCALE:

1- \$2.70	6- \$16.20
2- \$5.40	7- \$18.90
3- \$8.10	8- \$21.60
4- \$10.80	9- \$24.30
5- \$13.50	10- \$27.00

Milk is offered with each lunch and breakfast meal. All milk is 1% white or fat free chocolate.

We use whole grain/whole wheat in all of our breads, buns, & breadings.

Condiments used: Ketchup, mustard, pickles

Dressings used: Ranch, Italian, & Honey French


Salad Bar:

M-W-F ~ Chef Salad (Turkey or Ham)

T & Thur. ~ Taco Salad



NOVEMBER BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 CHOICE OF CEREAL ENGLISH MUFFIN W/JELLY-LES GRAHAM CRACKERS - ECEC FRESH FRUIT	2 POP TART FRUIT JUICE	3 SCRAMBLED EGGS W/HAM & CHEESE - LES SLICED TOAST - LES CHOICE OF CEREAL - ECEC GRAHAM CRACKERS - ECEC RAISINS JUICE
6 YOGURT SLICED TOAST W/JELLY - LES GRAHAM CRACKERS - ECEC FRUIT JUICE	7 CHOICE OF CEREAL GRAHAM CRACKERS FRESH FRUIT	8 BLUEBERRY MUFFIN - LES SAUSAGE - LES BLUEBERRY BREAKFAST BAR - ECEC FRUIT JUICE	9 CHOICE OF CEREAL SLICED TOAST - LES GRAHAM CRACKERS - ECEC RAISINS JUICE	10 STRAWBERRY CREAM CHEESE BAGEL FRUIT JUICE
13 CHOICE OF CEREAL SLICED TOAST W/JELLY - LES GRAHAM CRACKERS - ECEC FRUIT - LES FRESH FRUIT - ECEC JUICE - LES	14 BLUEBERRY MUFFIN SAUSAGE - LES RAISINS - LES FRUIT - ECEC JUICE	15 CHEESE OMELET - LES CHOICE OF CEREAL - ECEC ENGLISH MUFFIN W/BUTTER - LES GRAHAM CRACKER - ECEC FRESH FRUIT	16 CINNAMON ROLL FRUIT JUICE	17 STRAWBERRY NUTRI- GRAIN BAR FRUIT JUICE
20 YOGURT GRAHAM CRACKERS CRAISINS JUICE	21 CHOICE OF CEREAL ENGLISH MUFFIN W/JELLY-LES GRAHAM CRACKERS - ECEC FRUIT JUICE	22 NO SCHOOL	23 NO SCHOOL 	24 NO SCHOOL
27 CHOICE OF CEREAL TOAST W/JELLY - LES GRAHAM CRACKERS - ECEC FRUIT JUICE	28 CHOCOLATE MUFFIN SAUSAGE - LES FRUIT JUICE	29 BREAKFAST PIZZA - LES CHOICE OF CEREAL - ECEC GRAHAM CRACKERS - ECEC FRESH FRUIT	30 APPLE CINNAMON CHEERIOS BAR FRUIT JUICE	