


OCTOBER LES/ECEC 2017 LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 MOZZARELLA STICKS GREEN BEANS FRESH FRUIT	3 FRENCH TOAST STICKS SAUSAGE PATTY HASH BROWN JUICE	4 SOFT TACO W/ MEAT, CHEESE, & LETTUCE REFRIED BEANS FRESH FRUIT	5 CHEESE PIZZA BROCCOLI MANDARIN ORANGES	6 CHICKEN NUGGETS BABY CARROTS W / RANCH DIP TROPICAL FRUIT
9 CHEESE PIZZA CORN SLICED PEACHES	10 MINI CORN DOGS CARROT STICKS W/ RANCH DIP APPLESAUCE	11 ½ DAY NO LUNCH SERVED	12 SPAGHETTI W/MEATBALLS ROMAINE LETTUCE SALAD FRESH FRUIT	13 POPCORN CHICKEN GREEN BEANS PINEAPPLE TIDBITS
16 DOUBLE STUFFED PIZZA CAULIFLOWER FRESH FRUIT	17 MOZZARELLA STICKS W/MARINARA SWEET POTATO FRIES SLICED PEARS	18 WALKING TACO W/MEAT, CHEESE, & LETTUCE SOUTHWESTERN BEANS JUICE	19 PIG-N-BLANKET BROCCOLI FRESH FRUIT	20 CHICKEN PATTY MASHED POTATOES & GRAVY ROLL TROPICAL FRUIT
23 CHICKEN NUGGETS GREEN BEANS PINEAPPLE TIDBITS	24 MINI CORN DOGS CARROT STICKS W/RANCH DIP MANDARIN ORANGES	25 SOFT TACO W/MEAT, CHEESE, & LETTUCE REFRIED BEANS FRESH FRUIT	26 FRENCH TOAST STICKS SAUSAGE HASH BROWNS FRESH FRUIT	27 ½ DAY NO LUNCH SERVED
30 MOZZARELLA STICKS W/MARINARA SAUCE CARROT STICKS W/RANCH DIP SLICED PEACHES	31 DOUBLE STUFFED PIZZA PEAS FRESH FRUIT 			

FOR LUNCHES: PAY WITH ONE CHECK FOR ALL YOUR CHILDREN. PLEASE SEND WITH OLDEST STUDENT. PAY BY THE DAY, THE WEEK, OR THE MONTH.

MILK: .50 CENTS BREAKFAST: \$1.50

HOT LUNCH SCALE:

1- \$2.70	6- \$16.20
2- \$5.40	7- \$18.90
3- \$8.10	8- \$21.60
4- \$10.80	9- \$24.30
5- \$13.50	10- \$27.00

Milk is offered with each lunch and breakfast meal. All milk is 1% white or fat free chocolate.

We use whole grain/whole wheat in all of our breads, buns, & breadings.

Condiments used: Ketchup, mustard, pickles

Dressings used: Ranch, Italian, & Honey French

Salad Bar:

M-W-F ~ Chef Salad (Turkey or Ham)

T & Thur. ~ Taco Salad



OCTOBER BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 SAUSAGE PANCAKE ON A STICK - LES APPLE CINNAMON CHEERIOS BAR - ECEC FRUIT JUICE	3 CHOICE OF CEREAL TOAST W/JELLY - LES GRAHAM CRACKERS - ECEC FRESH FRUIT	4 CINNAMON ROLL FRUIT JUICE	5 CHOICE OF CEREAL GRAHAM CRACKERS FRUIT - LES RAISINS - ECEC JUICE	6 POP TART SAUSAGE - LES FRESH FRUIT - LES FRUIT - ECEC JUICE - ECEC
9 CHOICE OF CEREAL TOAST W/JELLY - LES GRAHAM CRACKERS - ECEC CRAISINS JUICE	10 SCRAMBLED EGGS W/HAM & CHEESE - LES STRAWBERRY CREAM CHEESE BAGEL - ECEC TOAST W/JELLY - LES FRUIT JUICE	11 YOGURT GRAHAM CRACKERS RAISINS - LES CRAISINS - ECEC JUICE	12 BLUEBERRY MUFFIN FRUIT JUICE	13 CHOICE OF CEREAL GRAHAM CRACKERS FRESH FRUIT
16 FRENCH TOAST STICKS - LES YOGURT - ECEC GRAHAM CRACKERS - ECEC CRAISINS - ECEC FRUIT - LES JUICE	17 CHOICE OF CEREAL TOAST W/JELLY - LES GRAHAM CRACKERS - ECEC FRESH FRUIT - ECEC FRUIT JUICE	18 BREAKFAST PIZZA - LES BLUEBERRY BREAKFAST BAR - ECEC FRUIT JUICE	19 CHOICE OF CEREAL GRAHAM CRACKERS FRESH FRUIT	20 STRAWBERRY CREAM CHEESE BAGEL FRUIT JUICE
23 CHOICE OF CEREAL GRAHAM CRACKERS FRUIT JUICE	24 CHEESE OMELET - LES BLUEBERRY MUFFIN - ECEC TOAST W/ JELLY - LES FRESH FRUIT - LES FRUIT - ECEC JUICE - ECEC	25 YOGURT GRAHAM CRACKERS FRESH FRUIT - ECEC FRUIT - LES JUICE - LES	26 CINNAMON ROLL FRUIT JUICE	27 CHOICE OF CEREAL TOAST W/JELLY - LES GRAHAM CRACKERS - ECEC RAISINS JUICE
30 APPLE CINNAMON CHEERIOS BAR FRUIT JUICE	31 CHOCOLATE MUFFIN FRUIT JUICE			