



SEPTEMBER LES/ECEC 2017 LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4 NO SCHOOL HAPPY LABOR DAY	5 CHEESEBURGER SWEET POTATO FRIES APPLESAUCE	6 SOFT TACO W/CHEESE & LETTUCE REFRIED BEANS JUICE	7 MOZZARELLA STICKS W/MARINARA SAUCE GREEN BEANS FRESH FRUIT	8 CHICKEN PATTY MASHED POTATOES & GRAVY DICED PEACHES
11 PEPPERONI PIZZA CAULIFLOWER JUICE	12 MINI CORN DOGS BAKED BEANS TROPICAL FRUIT	13 CHEESE QUESADILLA CORN FRESH FRUIT	14 MACARONI & CHEESE ROMAINE & CARROTS SALAD CINNAMON APPLESauce	15 CHICKEN NUGGETS CARROT STICKS PINEAPPLE TIDBITS
18 CHEESEBURGER STEAMED CARROTS STRAWBERRY BANANA APPLESAUCE	19 SPAGHETTI W/MEATBALLS BROCCOLI DICED PEARS	20 WALKING TACO W/CHEESE &LETTUCE SOUTHWESTERN BEANS JUICE	21 GRILLED CHICKEN SANDWICH SLICED CUCUMBER W/RANCH DIP APPLESAUCE	22 FISH NUGGETS FRENCH FRIES MANDARIN ORANGES
25 CHEESE PIZZA STEAMED CARROTS STRAWBERRY BANANA APPLESAUCE	26 FRENCH TOAST STICKS SAUSAGE HASH BROWN JUICE	27 CHICKEN TACO W/LETTUCE & CHEESE REFRIED BEANS DICED PEACHES	28 PULLED PORK BROCCOLI FRESH FRUIT	29 POPCORN CHICKEN CELERY STICKS W/RANCH PINEAPPLE TIDBITS

FOR LUNCHES: PAY WITH ONE CHECK FOR ALL YOUR CHILDREN. PLEASE SEND WITH OLDEST STUDENT. PAY BY THE DAY, THE WEEK, OR THE MONTH.

MILK: .50 CENTS BREAKFAST: \$1.50

HOT LUNCH SCALE:

1- \$2.70	6- \$16.20
2- \$5.40	7- \$18.90
3- \$8.10	8- \$21.60
4- \$10.80	9- \$24.30
5- \$13.50	10- \$27.00

Milk is offered with each lunch and breakfast meal. All milk is 1% white or fat free chocolate.

We use whole grain/whole wheat in all of our breads, buns, & breadings.

Condiments used: Ketchup, mustard, pickles

Dressings used: Ranch, Italian, & Honey French

Salad Bar:

M-W-F ~ Chef Salad (Turkey or Ham)

T & Thur. ~ Taco Salad



SEPTEMBER BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4 NO SCHOOL HAPPY LABOR DAY	5 CHOICE OF CEREAL TOAST W/JELLY - LES GRAHAM CRACKERS - ECEC RAISINS FRUIT - ECEC JUICE - LES MILK	6 APPLE CINNAMON CHEERIOS BAR - LES BLUEBERRY MUFFIN - ECEC FRESH FRUIT JUICE - ECEC MILK	7 CHOICE OF CEREAL GRAHAM CRACKERS FRUIT JUICE MILK	8 POP TART FRUIT JUICE - LES CRAISINS - ECEC MILK
11 CHOICE OF CEREAL TOAST W/JELLY - LES GRAHAM CRACKERS - ECEC CRAISINS - LES RAISINS - ECEC JUICE MILK	12 SCRAMBLED EGGS W/HAM& CHEESE - LES STRAWBERRY CREAM CHEESE BAGEL - ECEC TOAST - LES FRUIT JUICE MILK	13 YOGURT GRAHAM CRACKERS FRUIT JUICE MILK	14 BLUEBERRY MUFFIN -LES CHOCOLATE MUFFIN - ECEC FRUIT JUICE MILK	15 CHOICE OF CEREAL TOAST W/JELLY - LES GRAHAM CRACKERS - ECEC FRESH FRUIT JUICE - ECEC MILK
18 FRENCH TOAST STICKS - LES YOGURT - ECEC SAUSAGE - LES FRUIT JUICE MILK	19 CHOICE OF CEREAL GRAHAM CRACKERS FRUIT JUICE MILK	20 BREAKFAST PIZZA - LES APPLE CINNAMON CHEERIOS BAR - ECEC FRUIT JUICE MILK	21 CHOICE OF CEREAL TOAST W/JELLY - LES GRAHAM CRACKERS - ECEC FRESH FRUIT - LES RAISINS - ECEC JUICE - ECEC MILK	22 STRAWBERRY CREAM CHEESE BAGEL - LES POP TART - ECEC FRUIT JUICE MILK
25 CHOICE OF CEREAL GRAHAM CRACKERS RAISINS - LES FRUIT - ECEC JUICE MILK	26 CHEESE OMELET - LES TOAST W/JELLY - LES STRAWBERRY CREAM CHEESE BAGEL - ECEC FRUIT JUICE - ECEC MILK	27 YOGURT TOAST W/JELLY - LES GRAHAM CRACKERS - ECEC FRUIT - LES CRAISINS - ECEC JUICE MILK	28 CINNAMON ROLL FRUIT JUICE MILK	29 CHOICE OF CEREAL GRAHAM CRACKERS FRUIT JUICE MILK