

LAINSBURG HIGH SCHOOL ~ JANUARY 2018 ~ LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		3 *SOFT TACO W/BEEF, CHEESE, & LETTUCE *CHICKEN QUESADILLA REFRIED BEANS JUICE	4 *SPAGHETTI W/MEATBALLS *FLATBREAD PIZZA BROCCOLI APPLESAUCE	5 *CHICKEN NUGGETS *MINI CORN DOG CORN FRESH FRUIT
8 *PEPPERONI PIZZA *BBQ CHICKEN QUESADILLA CAULIFLOWER TROPICAL FRUIT	9 *TURKEY BURGER W/CHEESE BAKED BEANS *BEEF & VEGETABLE STIR FRY W/RICE FROZEN STRAWBERRIES	10 *NACHOS DELUXE W/ BEEF, BEANS, & CHEESE SAUCE *FIESTA PIZZA PEAS JUICE	11 *MOZZARELLA STICKS *SPICY CHICKEN PATTY CARROTS FRESH FRUIT	12 *CHEESE PIZZA *MEATBALL SUB ROMAINE SALAD MIX SLICED PEARS
15 NO SCHOOL	16 *MINI CORN DOGS *PULLED PORK SANDWICH BROCCOLI PINEAPPLES TIDBITS	17 *CHICKEN TACO W/LETTUCE & CHEESE *RED CHILI BURRITO SOUTHWESTERN BEANS APPLESAUCE	18 *PIG-N-BLANKET *HAM & CHEESE SUB FRENCH FRIES JUICE	19 ½ DAY NO LUNCH SERVED
22 *CHEESEBURGER *BEEF CHILI W/CRACKERS SWEET POTATO FRIES SLICED PEARS	23 *FRENCH TOAST STICKS SAUSAGE PATTY *GRILLED CHICKEN SANDWICH W/LETTUCE & TOMATO HASH BROWN JUICE	24 *CHEESE QUESADILLA *CHICKEN FAJITA REFRIED BEANS SLICED PEACHES	25 *PULLED PORK SANDWICH *FISH SUB W/CHEESE, LETTUCE, & TOMATO BROCCOLI PINEAPPLE TIDBITS	26 *CHICKEN PATTY SANDWICH *BBQ RIBLETS W/ROLL ROMAINE SALAD MIX MANDARIN ORANGES
29 *DOUBLE STUFFED PIZZA *SPICY CHICKEN TENDERS CAULIFLOWER SLICED PEACHES	30 *MOZZARELLA STICKS *BEEF CHILI W/CRACKERS CARROTS CINNAMON APPLESAUCE	31 *WALKING TACO *FIESTA PIZZA SOUTHWESTERN BEANS SLICED PEARS	28	

THE FOLLOWING ITEMS WILL BE AVAILABLE DAILY A LA CARTE:

COLD SUBS - HAM OR TURKEY & HOT SUBS - TURKEY, HAM, OR PIZZA, & BOSCO STICKS

MONDAY: CHICKEN CAESAR SALAD

TUESDAY: SOUTHWESTERN SPICY CHICKEN

WEDNESDAY: CHICKEN CAESAR SALAD

THURSDAY: BLT SALAD

FRIDAY: CHICKEN CAESAR SALAD

SALAD BAR:

M-W-F ~ CHEF SALAD W/ TURKEY OR HAM / T & TH ~ TACO SALAD

ADD FRUIT AND MILK TO ANY OF THE ABOVE AND IT COUNTS AS A FULL LUNCH.

Milk is offered with every lunch meal & all milk is 1% white or fat free

We use whole grain/whole wheat for all of our breads, buns, & breading.

Condiments used are: ketchup, mustard, pickles, taco sauce, & sour cream

Dressings used: Ranch, Italian, & Honey mustard

The USDA is an equal opportunity provider and employer.



JANUARY 2018 BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		3 CHOICE OF CEREAL TOAST FRUIT JUICE	4 APPLE CINNAMON CHEERIOS BREAKFAST BAR FRUIT JUICE	5 CHOCOLATE MUFFIN SAUSAGE PATTY FRUIT JUICE
8 CHOICE OF CEREAL GRAHAM CRACKERS FRESH FRUIT	9 STRAWBERRY CREAM CHEESE BAGEL FRUIT JUICE	10 YOGURT ENGLISH MUFFIN W/JELLY CRAISINS JUICE	11 SCRAMBLED EGGS W/HAM & CHEESE TOAST FRUIT JUICE	12 CHOICE OF CEREAL GRAHAM CRACKERS FRESH FRUIT
15 NO SCHOOL	16 CHOICE OF CEREAL TOAST FRUIT JUICE	17 BREAKFAST PIZZA FRUIT JUICE	18 CINNAMON ROLL FRUIT JUICE	19 CHOICE OF CEREAL GRAHAM CRACKERS FRUIT JUICE
22 FRENCH TOAST STICKS W/SYRUP FRUIT JUICE	23 CHOICE OF CEREAL TOAST RAISINS JUICE	24 POP TART FRUIT JUICE	25 STRAWBERRY CREAM CHEESE BAGEL FRUIT JUICE	26 CHOICE OF CEREAL GRAHAM CRACKERS FRUIT JUICE
29 CHOICE OF CEREAL TOAST FRUIT JUICE	30 YOGURT GRAHAM CRACKERS FRUIT JUICE	31 CHOICE OF CEREAL TOAST CRAISINS JUICE		