

LAINSBURG HIGH SCHOOL ~ MARCH 2018 ~ LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 *CHICKEN SANDWICH *CORN DOG FRENCH FRIES APPLE	2 *FISH NUGGETS W/ROLL *TERIYAKI CHICKEN W/BROCCOLI & RICE GREEN BEANS MIXED FRUIT COCKTAIL
5 *MOZZARELLA STICKS *TURKEY BURGER WITH CHEESE BAKED BEANS SLICED PEACHES	6 *GRILLED CHEESE SANDWICH *CHEESE PIZZA TOMATO SOUP PINEAPPLE TIDBITS	7 ½ DAY NO LUNCH SERVED	8 *PIG-N-BLANKET *HOT HAM OR TURKEY SUB BROCCOLI STRAWBERRY CUP	9 *CHICKEN NUGGETS WITH ROLL *FISH TACO GREEN BEANS FRESH FRUIT
12 *MINI CORN DOGS *SPICY CHICKEN SANDWICH FRENCH FRIES MIXED FRUIT	13 *DOUBLE STUFFED PIZZA *BEEF CHILI W /CHEESE & CRACKERS GREEN BEANS MANDARIN ORANGES	14 *SOFT TACO W/MEAT, LETTUCE, & CHEESE *FIESTA PIZZA REFRIED BEANS JUICE	15 *MACARONI & CHEESE *MEATBALL SUB ROMAINE SALAD FRESH FRUIT	16 *POPCORN CHICKEN *FISH SUB W/CHEESE, LETTUCE, & TOMATO CARROTS CINNAMON APPLESAUCE
19 *CHEESE PIZZA *BAKED POTATO W/HAM & CHEESE ROMAINE SALAD JUICE	20 *CHEESEBURGER *DOUBLE STUFFED PIZZA CARROTS PINEAPPLE TIDBITS	21 *CHEESE QUESADILLA *CHICKEN FAJITA REFRIED BEANS STRAWBERRY BANANA APPLESAUCE	22 *ROASTED TURKEY BREAST *RIB-B-Q SANDWICH MASHED POTATOES & GRAVY FRESH FRUIT	23 ½ DAY NO LUNCH SERVED
26 *PEPPERONI PIZZA *BBQ PULLED PORK SANDWICH BROCCOLI PEARS	27 *FRENCH TOAST STICKS W/SAUSAGE *GRILLED CHICKEN SANDWICH HASH BROWN JUICE	28 *CHICKEN TACO *RED CHILI BURRITO SOUTHWESTERN BEANS TROPICAL FRUIT	29 *SPAGHETTI W/MEAT SAUCE & BREADSTICK *FLATBREAD PIZZA ROMAINE SALAD APPLESAUCE	3 NO SCHOOL

THE FOLLOWING ITEMS WILL BE AVAILABLE DAILY A LA CARTE:

COLD SUBS - HAM OR TURKEY & HOT SUBS - TURKEY, HAM, OR PIZZA, & BOSCO STICKS

MONDAY: CHICKEN CAESAR SALAD

TUESDAY: SOUTHWESTERN SPICY CHICKEN

WEDNESDAY: CHICKEN CAESAR SALAD

THURSDAY: CHEF SALAD

FRIDAY: CHICKEN CAESAR SALAD

SALAD BAR:

M-W-F ~ CHEF SALAD W/ TURKEY OR HAM / T & TH ~ TACO SALAD

ADD FRUIT AND MILK TO ANY OF THE ABOVE AND IT COUNTS AS A FULL LUNCH.

Milk is offered with every lunch & breakfast meal & all milk is 1% white or fat free chocolate

We use whole grain/whole wheat for all of our breads, buns, & breading.

Condiments used are: ketchup, mustard, pickles, taco sauce, & sour cream

Dressings used: Ranch, Italian, & Honey mustard

The USDA is an equal opportunity provider and employer.



MARCH 2018 BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 CHOICE OF CEREAL FRUIT JUICE	2 SAUSAGE PANCAKE ON A STICK FRESH FRUIT
5 CHOCOLATE MUFFIN SAUSAGE FRUIT JUICE	6 CHOICE OF CEREAL TOAST W/JELLY FRUIT JUICE	7 FRENCH TOAST STICKS FRUIT JUICE	8 CHOICE OF CEREAL ENGLISH MUFFIN W/JELLY FRUIT JUICE	9 CINNAMON ROLL FRUIT JUICE
12 CHOICE OF CEREAL TOAST W/JELLY FRUIT JUICE	13 BREAKFAST PIZZA FRUIT JUICE	14 STRAWBERRY CREAM CHEESE BAGEL FRUIT JUICE	15 CHOICE OF CEREAL CINNAMON TOAST FRUIT JUICE	16 SCRAMBLED EGGS W/HAM & CHEESE SLICED TOAST FRESH FRUIT
19 CHOCOLATE MUFFIN SAUSAGE FRUIT JUICE	20 CHOICE OF CEREAL ENGLISH MUFFIN W/JELLY FRUIT JUICE	21 YOGURT GRAHAM CRACKERS FRUIT JUICE	22 APPLE CINNAMON OATMEAL SLICED TOAST FRUIT JUICE	23 CHOICE OF CEREAL TOAST W/JELL FRESH FRUIT
26 POP TART FRUIT JUICE	27 CHOICE OF CEREAL TOAST W/JELLY FRUIT JUICE	28 BREAKFAST PIZZA FRUIT JUICE	29 CHOICE OF CEREAL GRAHAM CRACKERS FRUIT JUICE	30 NO SCHOOL