

LAINGSBURG COMMUNITY SCHOOLS
LUNCH MENU



Milk is offered with each lunch and breakfast meal. All milk is 1% white or fat free chocolate.
W/G= Whole Grain & W/W = Whole Wheat
The USDA is an equal opportunity employer.

JANUARY 2017 LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4 CHICKEN TACOS W/LETTUCE & CHEESE ON A W/W TORTILLA REFRIED BEANS PINEAPPLE TIDBITS TACO SAUCE	5 SLOPPY JOE ON A W/W BUN BROCCOLI DICED PEACHES PICKLES	6 CHEESE PIZZA CAULIFLOWER W/ CHEESE FRESH FRUIT
9 POPCORN CHICKEN FRENCH FRIES STRAWBERRY/BANANA APPLESAUCE BBQ SAUCE KETCHUP	10 SPAGHETTI W/MEATBALLS BREAD STICK GREEN BEANS FRESH FRUIT	11 NACHOS DELUXE W/MEAT, BEANS, & CHEESE SAUCE TORTILLA CHIPS PINTO BEANS JUICE	12 MOZZARELLA STICKS W/MARINARA SAUCE SWEET POTATO FRIES FRESH FRUIT KETCHUP	13 SAUSAGE PIZZA ROMAINE LETTUCE SALAD W/SHREDDED CARROTS RANCH DRESSING APPLESAUCE
16 NO SCHOOL	17 BBQ PORK ON A W/W BUN BAKED BEANS MANDARIN ORANGES	18 WALKING TACOS WITH MEAT, CHEESE, LETTUCE, & DORITO CHIPS PEAS STRAWBERRY/BANANA APPLESAUCE	19 MACARONI & CHEESE GREEN BEANS DICED PEACHES	20 $\frac{1}{2}$ DAY NO LUNCH SERVED
23 CHICKEN NOODLE SOUP CRACKERS CARROTS DICED PEARS	24 CHEESEBURGER ON A W/W BUN FRENCH FRIES APPLESAUCE KETCHUP, MUSTARD, & PICKLES	25 CHEESE QUESADILLA REFRIED BEANS PINEAPPLE TIDBITS SALSA	26 PIG-N-BLANKET ROMAINE LETTUCE SALAD W/CHERRY TOMATOES & RANCH DRESSING JUICE KETCHUP & MUSTARD	27 CHEESE PIZZA CAULIFLOWER W/CHEESE FRESH FRUIT
30 GRILLED CHEESE SANDWICH TOMATO SOUP APPLESAUCE	31 MINI CORN DOGS SWEET POTATO FRIES TROPICAL FRUIT MIX KETCHUP & MUSTARD			

FOR LUNCHES: PAY WITH ONE CHECK FOR ALL YOUR CHILDREN. PLEASE SEND WITH OLDEST STUDENT. PAY BY THE DAY, THE WEEK, OR THE MONTH.

MILK: .50 CENTS BREAKFAST: \$1.50

HOT LUNCH SCALE:

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| 1- \$2.60 | 6- \$15.60 |
| 2- \$5.20 | 7- \$18.20 |
| 3- \$7.80 | 8- \$20.80 |
| 4- \$10.40 | 9- \$23.40 |
| 5- \$13.00 | 10- \$26.00 |

JANUARY BREAKFAST MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		4 YOGURT GRAHAM CRACKERS FRUIT JUICE	5 CINNAMON OATMEAL W/BROWN SUGAR FRUIT JUICE	6 CHOICE OF CEREAL TOAST W/JELLY FRUIT JUICE
9 BREAKFAST PIZZA FRUIT JUICE	10 CHOICE OF CEREAL GRAHAM CRACKERS FRUIT JUICE	11 FRENCH TOAST STICKS FRUIT JUICE	12 CHOICE OF CEREAL TOAST W/JELLY FRUIT JUICE	13 BLUEBERRY GRANOLA BAR FRUIT JUICE
16 NO SCHOOL	17 SAUSAGE PANCAKE ON A STICK FRUIT JUICE	18 POP TART FRUIT JUICE	19 YOGURT GRAHAM CRACKERS FRUIT JUICE	20 CHOICE OF CEREAL FRUIT JUICE
23 CHEESE OMELET TOAST W/ JELLY FRUIT JUICE	24 CHOICE OF CEREAL GRAHAM CRACKERS FRUIT JUICE	25 STRAWBERRY CREAM CHEESE BAGEL FRUIT JUICE	26 CHOICE OF CEREAL CINNAMON TOAST FRUIT JUICE	27 CINNAMON ROLL FRUIT JUICE
30 CHOICE OF CEREAL TOAST W/JELLY FRUIT JUICE	31 BLUEBERRY MUFFIN SAUSAGE LINK FRUIT JUICE			