

LAINSBURG MIDDLE SCHOOL ~ JANUARY 2019 ~ LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7 *CHEESE PIZZA *SPICY CHICKEN SANDWICH BROCCOLI PEARS	8 *CHICKEN NUGGETS *CHEESE RAVIOLI CORN JUICE ROLL	9 *BEEF TACO W/LETTUCE & CHEESE *RED CHILI BURRITO REFRIED BEANS WITH CHIPS MANDARIN ORANGES	10 *PIG-N-BLANKET *PULLED PORK SANDWICH GREEN BEANS FRESH FRUIT	11 *TURKEY BURGER W/CHEESE, LETTUCE, & TOMATO *CHEESE QUESADILLA BABY CARROTS WITH DIP STRAWBERRY BANANA APPLE SAUCE
14 *MOZZARELLA STICKS *BBQ RIBLETS W/ROLL STEAMED MIXED VEGGIES DICED PEACHES	15 *MINI CORN DOGS *TERIYAKI BEEF & BROCCOLI W/RICE GREEN SALAD MIX PINEAPPLE TIDBITS	16 *CHICKEN TACO W/LETTUCE & CHEESE *BEEF QUESADILLA REFRIED BEANS WITH CHIPS MIXED FRUIT	17 *CHARBROILED CHEESEBURGER W/LETTUCE & TOMATO *MEATBALL SUB SWEET POTATO FRIES FRESH FRUIT	18 ½ DAY NO LUNCH SERVED
21 NO SCHOOL	22 *CHICKEN PATTY W/ROLL *CHEESE QUESADILLA MASHED POTATOES & GRAVY STRAWBERRY CUP	23 *WALKING TACO *FIESTA PIZZA REFRIED BEANS WITH CHIPS DICED PEARS	24 *GRILLED CHEESE SANDWICH *CHICKEN TENDERS WITH ROLL TOMATO SOUP W/CRACKERS FRESH FRUIT	25 *FISH NUGGETS WITH ROLL *CHEESEBURGER W/LETTUCE & TOMATO GREEN BEANS FRUIT COCKTAIL
28 *FRENCH BREAD PIZZA *BAKED POTATO W/HAM & CHEESE CELERY STICKS WITH DIP PINEAPPLE TIDBITS	29 *POPCORN CHICKEN *PHILLY STEAK SANDWICH BAKED BEANS PEACH CUP	30 *NACHOS DELUXE W/BEEF, BEANS, & CHEESE SAUCE *CHICKEN ENCHILADAS MEXICAN RICE - HIGH SCHOOL ONLY PEAS MIXED FRUIT	31 *MACARONI & CHEESE *FLATBREAD PIZZA BROCCOLI JUICE	1 *MINI CORN DOGS *FISH & CHEESE SUB BAKED BEANS FRESH FRUIT

THE FOLLOWING ITEMS WILL BE AVAILABLE DAILY A LA CARTE:
 COLD SUBS - HAM OR TURKEY & HOT SUBS - TURKEY, HAM, OR PIZZA - BOSCO STICKS
 MONDAY: CHICKEN CAESAR SALAD
 TUESDAY: SOUTHWESTERN CHICKEN SALAD
 WEDNESDAY: CHICKEN CAESAR SALAD
 THURSDAY: ASIAN STEAK SALAD
 FRIDAY: CHICKEN CAESAR SALAD
 SALAD BAR: M-W-F ~ CHEF SALAD / T & TH ~ TACO SALAD
 ADD FRUIT AND MILK TO ANY OF THE ABOVE AND IT COUNTS AS A FULL LUNCH.
 Milk is offered with every lunch meal & all milk is 1% white or fat free
 We use whole grain/whole wheat for all of our breads, buns, & breading.
 Condiments used are: ketchup, mustard, pickles, taco sauce, & sour cream
 Dressings used: Ranch, Italian, & Honey mustard



JANUARY 2019 BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7 CHOCOLATE MUFFIN FRUIT JUICE	8 BREAKFAST PIZZA FRUIT JUICE	9 POP-TART FRUIT JUICE	10 PEACHES & CREAM OATMEAL GRAHAM CRACKERS FRESH FRUIT	11 STRAWBERRY CREAM CHEESE BAGEL FRUIT JUICE
14 CHOICE OF CEREAL TOAST W/JELLY FRUIT JUICE	15 YOGURT GRAHAM CRACKERS RAISINS JUICE	16 CHOICE OF CEREAL GRAHAM CRACKERS FRUIT JUICE	17 CHEESE OMELET TOAST W/JELLY FRESH FRUIT	18 CINNAMON ROLL FRUIT JUICE
21 NO SCHOOL	22 CHOICE OF CEREAL GRAHAM CRACKERS FRUIT JUICE	23 SAUSAGE PANCAKE ON A STICK FRUIT JUICE	24 POP-TART FRUIT JUICE	25 CHOICE OF CEREAL TOAST W/JELLY FRESH FRUIT
28 CHOICE OF CEREAL GRAHAM CRACKERS FRUIT JUICE	29 YOGURT GRAHAM CRACKERS FRUIT JUICE	30 CHEESE OMELET TOAST W/JELLY FRUIT JUICE	31 STRAWBERRY NUTRI-GRAIN BAR FRUIT JUICE	1 CINNAMON ROLL FRUIT JUICE

