




# LAINSBURG MIDDLE SCHOOL ~ APRIL 2017 ~ LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 	4	5 	6	7 
10 *CHICKEN PATTY *BBQ RIBLETS MASHED POTATOES & GRAVY ROLL JUICE BBQ SAUCE HONEY MUSTARD	11 *FISH NUGGETS W/ROLL *FLATBREAD PIZZA CARROTS FRESH FRUIT TARTER SAUCE RANCH DIP	12 *CHICKEN TACO W/LETTUCE & CHEESE *FIESTA PIZZA REFRIED BEANS PINEAPPLE TIDBITS TACO SAUCE & SALSA	13 *SLOPPY JOE *SPICED CHICKEN SANDWICH ON A BUN BROCCOLI DICED PEACHES BBQ SAUCE, PICKLES, & HONEY MUSTARD	14  ½ DAY NO LUNCH SERVED
17 *POPCORN CHICKEN *CORN DOG SWEET POTATO FRIES CINNAMON APPLESAUCE KETCHUP, MUSTARD, BBQ SAUCE, & HONEY MUSTARD	18 *SPAGHETTI W/MEATBALLS & BREAD STICK *FISH SANDWICH W/CHEESE, LETTUCE, TOMATO, & TARTER SAUCE GREEN BEANS DICED PEARS	19 *NACHO DELUXE W/MEAT, BEANS, & CHEESE SAUCE *CHICKEN QUESADILLA PEAS JUICE SALSA & SOUR CREAM	20 *MOZZARELLA STICKS W/MARINARA SAUCE *TURKEY BURGER W/CHEESE, LETTUCE, & TOMATO BAKED BEANS DICED PEACHES KETCHUP, MUSTARD, & PICKLES	21 *SAUSAGE PIZZA *CHICKEN CHILI W/CHEESE & CRACKERS ROMAINE SALAD W/CARROTS & RANCH DRESSING FRESH FRUIT
24 *CHICKEN NUGGETS W/ROLL *CHEESE QUESADILLA FRESH CARROTS TROPICAL FRUIT MIX BBQ SAUCE RANCH DIP	25 *BBQ PULLED PORK SANDWICH *MINI CORN DOGS BAKED BEANS MANDARIN ORANGES KETCHUP & MUSTARD	26 *WALKING TACO W/MEAT, CHEESE, & LETTUCE IN A DORITOS BAG *RED CHILI BURRITO CORN JUICE SALSA, SOUR CREAM, & TACO SAUCE	27 *MACARONI & CHEESE W/ROLL *FLAT BREAD PIZZA BROCCOLI STRAWBERRY BANANA APPLESAUCE	28 *PEPPERONI PIZZA *RI-B-Q SANDWICH GREEN BEANS FRESH FRUIT BBQ SAUCE
1 *CHICKEN NOODLE SOUP W/CRACKERS *FRENCH BREAD PIZZA CARROTS APPLE	2 *CHEESEBURGER *SPICY CHICKEN PATTY ON A W/G BUN FRENCH FRIES DICED PEARS KETCHUP, MUSTARD, PICKLES, RANCH, & HONEY MUSTARD	3 *CHEESE QUESADILLA *CHICKEN FAJITA REFRIED BEANS DICED PEACHES SALSA SOUR CREAM	4 *PIG-N-BLANKET *HOT HAM & CHEESE SUB ROMAINE LETTUCE SALAD W/TOMATOES JUICE KETCHUP & MUSTARD	5 *CHEESE PIZZA *FISH SUB W/CHEESE, LETTUCE, & TOMATO CAULIFLOWER W/CHEESE FRESH FRUIT TARTER SAUCE

THE FOLLOWING ITEMS WILL BE AVAILABLE DAILY A LA CARTE:

COLD SUBS & HOT SUBS

MONDAY: CHICKEN CAESAR SALAD

TUESDAY: BLT SALAD WITH RANCH DRESSING

WEDNESDAY: CHICKEN CAESAR SALAD

THURSDAY: COBB SALAD WITH POPCORN CHICKEN & BLUE CHEESE DRESSING

FRIDAY: CHICKEN CAESAR SALAD

ADD FRUIT AND MILK TO ANY OF THE ABOVE AND IT COUNTS AS A FULL LUNCH.

Milk is offered with every lunch meal & all milk is 1% white or fat free

W/G= Whole Grain & W/W = Whole Wheat

The USDA is an equal opportunity provider and employer.



# APRIL 2017 BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
10 APPLE CINNAMON CHEERIOS BAR FRUIT JUICE MILK	11 CHOICE OF CEREAL GRAHAM CRACKERS FRUIT JUICE MILK	12 YOGURT GRAHAM CRACKERS FRUIT JUICE MILK	13 BLUEBERRY GRANOLA BAR FRUIT JUICE MILK	14 CHOICE OF CEREAL GRAHAM CRACKERS FRUIT JUICE MILK
17 CHOICE OF CEREAL GRAHAM CRACKERS FRUIT JUICE MILK	18 STRAWBERRY CREAM CHEESE BAGEL FRUIT JUICE MILK	19 CHOICE OF CEREAL SCOOBY SNACKS FRUIT JUICE MILK	20 CINNAMON ROLL FRUIT JUICE MILK	21 CHOICE OF CEREAL GRAHAM CRACKERS FRUIT JUICE MILK
24 BLUEBERRY MUFFIN FRUIT JUICE MILK	25 CHOICE OF CEREAL GRAHAM CRACKERS FRUIT JUICE MILK	26 POP TART FRUIT JUICE MILK	27 CHOICE OF CEREAL GRAHAM CRACKERS FRUIT JUICE MILK	28 YOGURT GRAHAM CRACKERS FRUIT JUICE MILK
1 CHOICE OF CEREAL GRAHAM CRACKERS FRUIT JUICE MILK	2 APPLE CINNAMON CHEERIOS BREAKFAST BAR FRUIT JUICE MILK	3 CHOICE OF CEREAL SCOOBY SNACKS FRUIT JUICE MILK	4 STRAWBERRY CREAM CHEESE BAGEL FRUIT JUICE MILK	5 CHOICE OF CEREAL GRAHAM CRACKERS FRUIT JUICE MILK