

LAINSBURG MIDDLE SCHOOL ~ DECEMBER 2017 ~ LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 *CHICKEN NUGGETS *HOT HAM & CHEESE SUB SWEET POTATO FRIES FRESH FRUIT
4 *CHEESE PIZZA *PULLED PORK SANDWICH BROCCOLI PINEAPPLE TIDBITS	5 *FRENCH TOAST STICKS W/SAUSAGE *GRILLED CHICKEN SANDWICH SWEET POTATO PUFFS APPLESAUCE	6 *CHICKEN TACO W/LETTUCE & CHEESE *RED CHILI BURRITO REFRIED BEANS TROPICAL FRUIT	7 *CHEESEBURGER *ROASTED TURKEY W/ROLL MASHED POTATOES & GRAVY JUICE	8 *CHICKEN POPCORN *FLATBREAD PIZZA MIXED LETTUCE SALAD FRESH FRUIT
11 *DOUBLE STUFFED PIZZA *MINI CORN DOGS CORN STRAWBERRY BANANA APPLESAUCE	12 *GRILLED CHEESE SANDWICH *FISH SUB W/CHEESE, LETTUCE, & TOMATO TOMATO SOUP MANDARIN ORANGES	13 *CHEESE QUESADILLA *CHICKEN FAJITA SOUTHWESTERN BEANS MIXED FRUIT COCKTAIL	14 *MACARONI & CHEESE *TURKEY BURGER BROCCOLI FRESH FRUIT	15 *CHICKEN PATTY SANDWICH *BEEF CHILI W/CHEESE & CRACKERS CELERY STICKS W/RANCH DIP JUICE
18 *MOZZARELLA STICKS *HOT HAM & CHEESE SUB GREEN BEANS CINNAMON APPLESAUCE	19 *PEPPERONI PIZZA *CHICKEN NUGGETS CARROTS PINEAPPLE TIDBITS	20 NO SCHOOL	21 NO SCHOOL	22 NO SCHOOL
25	26	27	28	29
1	2	3 *SOFT TACO W/LETTUCE & CHEESE *CHEESE QUESADILLA REFRIED BEANS JUICE	4 *SPAGHETTI W/MEATBALLS *FLAT BREAD PIZZA BROCCOLI APPLESAUCE	5 *PEPPERONI PIZZA *MINI CORN DOGS CORN FRESH FRUIT

THE FOLLOWING ITEMS WILL BE AVAILABLE DAILY A LA CARTE:

COLD SUBS - HAM OR TURKEY & HOT SUBS - TURKEY, HAM, OR PIZZA, & BOSCO STICKS

MONDAY: CHICKEN CAESAR SALAD

TUESDAY: SOUTHWESTERN SPICY CHICKEN

WEDNESDAY: CHICKEN CAESAR SALAD

THURSDAY: BLT SALAD

FRIDAY: CHICKEN CAESAR SALAD

SALAD BAR:

M-W-F ~ CHEF SALAD W/ TURKEY OR HAM / T & TH ~ TACO SALAD

ADD FRUIT AND MILK TO ANY OF THE ABOVE AND IT COUNTS AS A FULL LUNCH.

Milk is offered with every lunch meal & all milk is 1% white or fat free

We use whole grain/whole wheat for all of our breads, buns, & breadings.

Condiments used are: ketchup, mustard, pickles, taco sauce, & sour cream

Dressings used: Ranch, Italian, & Honey mustard

The USDA is an equal opportunity provider and employer.



DECEMBER 2017 BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 CHOICE OF CEREAL GRAHAM CRACKERS FRUIT & JUICE
4 YOGURT GRAHAM CRACKERS FRUIT JUICE	5 CHOICE OF CEREAL GRAHAM CRACKERS FRESH FRUIT	6 BLUEBERRY BREAKFAST BAR FRUIT JUICE	7 CHOICE OF CEREAL GRAHAM CRACKERS RAISINS JUICE	8 STRAWBERRY CREAM CHEESE BAGEL FRUIT JUICE
11 CHOICE OF CEREAL GRAHAM CRACKERS FRUIT JUICE	12 BLUEBERRY MUFFIN FRUIT JUICE	13 CHOICE OF CEREAL GRAHAM CRACKERS FRESH FRUIT	14 CINNAMON ROLL FRUIT JUICE	15 YOGURT GRAHAM CRACKERS JUICE RAISINS
18 STRAWBERRY NUTRI- GRAIN BAR FRUIT JUICE	19 CHOICE OF CEREAL GRAHAM CRACKERS RAISINS JUICE	20 NO SCHOOL	21 NO SCHOOL	22 NO SCHOOL
25	26	27	28	29
1	2	3 CHOICE OF CEREAL GRAHAM CRACKERS FRUIT JUICE	4 APPLE CINNAMON CHEERIOS BAR FRUIT JUICE	5 CHOCOLATE MUFFIN FRUIT JUICE