



LAINSBURG MIDDLE SCHOOL ~ FEBRUARY 2017 ~ LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 *CHICKEN TACO W / LETTUCE & CHEESE ON W/G TORTILLA *FIESTA PIZZA REFRIED BEANS W / CHIPS PINEAPPLE TIDBITS SALSA & SOUR CREAM	2 *SLOPPY JOE ON A W/W BUN *SPICY CHICKEN SANDWICH ON A W/W BUN BROCCOLI DICED PEACHES PICKLES, HONEY MUSTARD, & KETCHUP	3 *CHEESE PIZZA *CHEESEBURGER W / LETTUCE & TOMATO ON A W/W BUN CAULIFLOWER FRESH FRUIT KETCHUP, MUSTARD, & PICKLES
6 *POPCORN CHICKEN *CORN DOG FRENCH FRIES CINNAMON APPLESAUCE KETCHUP BBQ SAUCE	7 *SPAGHETTI W / MEATBALLS W/G BREADSTICK *FISH SANDWICH W / LETTUCE & TOMATO ON A W/W SUB BUN W / TARTER SAUCE GREEN BEANS FRESH FRUIT	8 *NACHOS DELUXE W / MEAT, BEANS, & CHEESE SAUCE *CHICKEN QUESADILLA PINTO BEANS JUICE SALSA SOUR CREAM	9 *MOZZARELLA STICKS W / MARINARA SAUCE *TURKEY BURGER W / LETTUCE, TOMATO, & CHEESE SWEET POTATO FRIES PINEAPPLE TIDBITS KETCHUP MUSTARD	10 *SAUSAGE PIZZA *CHICKEN CHILI W / CHEESE & CRACKERS ROMAINE LETTUCE SALAD W / CARROTS & RANCH OR HONEY MUSTARD DRESSING DICED PEARS
13 *CHICKEN NUGGETS W / ROLL *CHEESE QUESADILLA W / SALSA & SOUR CREAM CARROTS DICED PEARS KETCHUP BBQ SAUCE	14 *BBQ PULLED PORK ON A W/W BUN *MINI CORN DOGS BAKED BEANS MANDARIN ORANGES KETCHUP MUSTARD	15 *WALKING TACO W / MEAT, CHEESE, LETTUCE, & DORITO CHIPS *RED CHILI BURRITO PEAS JUICE CHIPS & SALSA SOUR CREAM	16 *MACARONI & CHEESE W / ROLL *FLAT BREAD PIZZA GREEN BEANS APPLESAUCE	17 NO SCHOOL
20 NO SCHOOL PRESIDENTS' DAY 	21 *FISH NUGGETS W / ROLL TARTER SAUCE *PEPPERONI PIZZA CARROTS WITH RANCH DIP TROPICAL FRUIT	22 *SOFT TACOS W / MEAT, CHEESE, & LETTUCE ON A W/W TORTILLA *FIESTA PIZZA REFRIED BEANS DICED PEARS SALSA SOUR CREAM	23 *TURKEY BURGER W / LETTUCE, TOMATO & CHEESE ON A W/W BUN *BAKED POTATO W / HAM & CHEESE ROLL & SOUR CREAM GREEN BEANS JUICE KETCHUP & MUSTARD	24 *FRENCH BREAD PIZZA *CORN DOG ON A STICK ROMAINE LETTUCE SALAD W / SHREDDED CARROTS FRESH FRUIT RANCH OR HONEY MUSTARD DRESSING
27 *CHICKEN PATTY *BBQ RIBLETS MASHED POTATOES & GRAVY JUICE / ROLL BBQ SAUCE HONEY MUSTARD	28 *MINI CORN DOGS *BBQ CHICKEN PIZZA SWEET POTATO FRIES APPLESAUCE KETCHUP & MUSTARD			

THE FOLLOWING ITEMS WILL BE AVAILABLE DAILY A LA CARTE:

COLD SUBS & HOT SUBS

MONDAY: CHICKEN CAESAR SALAD

TUESDAY: BLT SALAD WITH RANCH DRESSING

WEDNESDAY: CHICKEN CAESAR SALAD

THURSDAY: COBB SALAD WITH POPCORN CHICKEN & BLUE CHEESE DRESSING

FRIDAY: CHICKEN CAESAR SALAD

ADD FRUIT AND MILK TO ANY OF THE ABOVE AND IT COUNTS AS A FULL LUNCH.


Milk is offered with every lunch meal & all milk is 1% white or fat free

W/G= Whole Grain & W/W = Whole Wheat

The USDA is an equal opportunity provider and employer.



FEBRUARY 2017 BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 YOGURT GRAHAM CRACKERS FRUIT JUICE	2 CEREAL GRAHAM CRACKERS FRUIT JUICE	3 CINNAMON ROLL FRUIT JUICE
6 CEREAL SCOOBY CRACKERS FRUIT JUICE	7 APPLE CINNAMON CHEERIOS BAR FRUIT JUICE	8 CEREAL GRAHAM CRACKERS FRUIT JUICE	9 STRAWBERRY CREAM CHEESE BAGEL FRUIT JUICE	10 BLUEBERRY MUFFIN FRUIT JUICE
13 YOGURT GRAHAM CRACKERS FRUIT JUICE	14 CEREAL SCOOBY CRACKERS FRUIT JUICE 	15 POP TART FRUIT JUICE	16 CEREAL GRAHAM CRACKERS FRUIT JUICE	17 NO SCHOOL
20 NO SCHOOL	21 BLUEBERRY MUFFIN FRUIT JUICE	22 CEREAL GRAHAM CRACKERS FRUIT JUICE	23 STRAWBERRY CREAM CHEESE BAGEL FRUIT JUICE	24 CEREAL GRAHAM CRACKERS FRUIT JUICE
27 APPLE CINNAMON CHEERIOS BAR FRUIT JUICE	28 CEREAL SCOOBY SNACKS FRUIT JUICE			