

LAINSBURG MIDDLE SCHOOL ~ FEBRUARY 2018 ~ LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 *CHICKEN NOODLE SOUP W/CRACKERS *CHEESEBURGER BROCCOLI DICED PEACHES	2 *CHICKEN PATTY W/ROLL *FLATBREAD PIZZA MASHED POTATOES & GRAVY FRESH FRUIT
5 *PEPPERONI PIZZA *BBQ CHICKEN QUESADILLA CAULIFLOWER APPLESAUCE	6 *TURKEY BURGER W/LETTUCE, TOMATO, & CHEESE *TERIYAKI BEEF & BROCCOLI W/RICE ROMAINE SALAD MANDARIN ORANGES	7 *NACHOS DELUXE *CHICKEN QUESADILLA PEAS & CARROTS JUICE	8 *PIG-N-BLANKET *HAM & CHEESE SUB BAKED BEANS FRESH FRUIT	9 *CHICKEN NUGGETS W/ROLL *CHEESE PIZZA CARROT STICKS & DIP SLICED PEARS
12 *DOUBLE STUFFED PEPPERONI PIZZA *BEEF CHILI W/CHEESE & CRACKERS GREEN BEANS MIXED FRUIT	13 *GRILLED CHEESE SANDWICH *FISH SUB W/CHEESE, LETTUCE, & TOMATO TOMATO SOUP SLICED PEACHES	14 *CHEESE QUESADILLA *RED CHILI BURRITO CORN JUICE	15 *MACARONI & CHEESE *HOT TURKEY & CHEESE SUB SALAD STRAWBERRY BANANA APPLESauce	16 NO SCHOOL
19 NO SCHOOL	20 *FRENCH TOAST STICKS SAUSAGE *GRILLED CHICKEN SANDWICH W/LETTUCE, TOMATO, & CHEESE HASH BROWN JUICE	21 *CHICKEN TACO *FIESTA PIZZA REFRIED BEANS MANDARIN ORANGES	22 *PULLED PORK SANDWICH *CHICKEN ALA-KING BROCCOLI APPLESAUCE	23 *POPCORN CHICKEN *CHEESEBURGER SWEET POTATO FRIES FRESH FRUIT
26 *CHEESE PIZZA *MOZZARELLA STICKS CARROT STICKS W/DIP CINNAMON APPLESauce	27 *SPAGHETTI W/MEAT SAUCE & BREADSTICK *FLATBREAD PIZZA ROMAINE SALAD PEARS	28 *WALKING TACO *CHICKEN QUESADILLA SOUTHWESTERN BEANS JUICE	1 *GRILLED CHICKEN SANDWICH *CORN DOG FRENCH FRIES FRESH FRUIT	2 *FISH NUGGETS *ORIENTAL CHICKEN W/RICE GREEN BEANS MIXED FRUIT

THE FOLLOWING ITEMS WILL BE AVAILABLE DAILY A LA CARTE:

COLD SUBS - HAM OR TURKEY & HOT SUBS - TURKEY, HAM, OR PIZZA, & BOSCO STICKS

MONDAY: CHICKEN CAESAR SALAD

TUESDAY: SOUTHWESTERN SPICY CHICKEN

WEDNESDAY: CHICKEN CAESAR SALAD

THURSDAY: CHEF SALAD

FRIDAY: CHICKEN CAESAR SALAD

SALAD BAR:

M-W-F ~ CHEF SALAD W/ TURKEY OR HAM / T & TH ~ TACO SALAD

ADD FRUIT AND MILK TO ANY OF THE ABOVE AND IT COUNTS AS A FULL LUNCH.

Milk is offered with every lunch & breakfast meal & all milk is 1% white or fat free chocolate

We use whole grain/whole wheat for all of our breads, buns, & breading.

Condiments used are: ketchup, mustard, pickles, taco sauce, & sour cream

Dressings used: Ranch, Italian, & Honey mustard

The USDA is an equal opportunity provider and employer.



FEBRUARY 2018 BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 SAUSAGE PANCAKE ON A STICK FRUIT JUICE	2 POP TART FRESH FRUIT
5 CHOCOLATE MUFFIN FRUIT JUICE	6 CHOICE OF CEREAL GRAHAM CRACKERS FRUIT JUICE	7 FRENCH TOAST STICKS FRUIT JUICE	8 CHOICE OF CEREAL TOAST W/JELLY FRUIT JUICE	9 CINNAMON ROLL FRUIT JUICE
12 CHOICE OF CEREAL GRAHAM CRACKERS FRUIT JUICE	13 POP TART FRUIT JUICE	14 STRAWBERRY CREAM CHEESE BAGEL FRUIT JUICE	15 CHOICE OF CEREAL ENGLISH MUFFIN W/JELLY FRUIT JUICE	16 NO SCHOOL
19 NO SCHOOL	20 CHOICE OF CEREAL GRAHAM CRACKERS FRUIT JUICE	21 YOGURT FRUIT JUICE	22 BLUEBERRY NUTRI-GRAIN BAR FRUIT JUICE	23 CHOICE OF CEREAL GRAHAM CRACKERS FRESH FRUIT
26 POP TART FRUIT JUICE	27 CHOICE OF CEREAL TOAST W/JELLY FRUIT JUICE	28 STRAWBERRY NUTRI-GRAIN BAR FRUIT JUICE	1 CHOICE OF CEREAL	2 BLUEBERRY MUFFIN