





# LAINSBURG MIDDLE SCHOOL ~ MAY/JUNE 2017 ~ LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8 *GRILLED CHEESE SANDWICH *GRILLED CHICKEN SANDWICH W/LETTUCE & TOMATO TOMATO SOUP CINNAMON APPLESAUCE	9 *MINI CORN DOGS *BBQ CHICKEN QUESADILLA FRENCH FRIES TROPICAL FRUIT MIX	10 *SOFT TACO W/MEAT, CHEESE, & LETTUCE *FIESTA PIZZA REFRIED BEANS DICED PEARS	11 *TURKEY BURGER W/CHEESE, LETTUCE, & TOMATO *BAKED POTATO W/HAM & CHEESE & SOUR CREAM GREEN BEANS JUICE	12 *CHEESE PIZZA *BBQ RIBLETS ROMAINE SALAD W/CARROTS & DRESSING FRESH FRUIT
15 *POPCORN CHICKEN *CORN DOG *SWEET POTATO FRIES APPLESAUCE	16 *SPAGHETTI W/MEATBALLS & BREADSTICK *FISH SANDWICH W/CHEESE, LETTUCE, & TOMATO GREEN BEANS MANDARIN ORANGES	17 NACHOS DELUXE W/ BEEF, BEANS, & CHEESE SAUCE *CHICKEN QUESADILLA SOUTHWESTERN PINTO BEANS JUICE	18 *MOZZARELLA STICKS W/MARINARA SAUCE *TURKEY BURGER W/CHEESE, LETTUCE, & TOMATO PEAS FRESH FRUIT	19 NO SCHOOL
22 *CHICKEN PATTY W/ROLL *BBQ RIB SANDWICH ON A BUN MASHED POTATOES & GRAVY JUICE	23 *FISH NUGGETS W/ROLL *FLAT BREAD PIZZA CARROTS W/RANCH DIP PINEAPPLE TIDBITS	24 *CHICKEN TACOS W/CHEESE & LETTUCE *FIESTA PIZZA REFRIED BEANS DICED PEACHES	25 *SLOPPY JOE *SPICY CHICKEN PATTY SANDWICH FRENCH FRIES FRESH FRUIT	26 *SAUSAGE PIZZA *CHEESEBURGER W/LETTUCE & TOMATO CAULIFLOWER APPLESAUCE
29 MEMORIAL DAY NO SCHOOL	30 *BBQ PULLED PORK SANDWICH *MINI CORN DOGS BAKED BEANS STRAWBERRY BANANA APPLESAUCE	31 *CHEESE QUESADILLA *RED CHILI BURRITO REFRIED BEANS JUICE	1 *CHICKEN NUGGETS *HOT HAM & CHEESE SUB CARROTS PINEAPPLE TIDBITS	2 *PEPPERONI PIZZA *FISH NUGGETS GREEN BEANS FRESH FRUIT
5 CHEF'S CHOICE	6 CHEFS CHOICE	7 $\frac{1}{2}$ DAY NO LUNCH SERVED	8 $\frac{1}{2}$ DAY NO LUNCH SERVED	9 

THE FOLLOWING ITEMS WILL BE AVAILABLE DAILY A LA CARTE:  
 COLD SUBS - HAM OR TURKEY & HOT SUBS - TURKEY, HAM, OR PIZZA  
 MONDAY: CHICKEN CAESAR SALAD  
 TUESDAY: BLT SALAD WITH RANCH DRESSING  
 WEDNESDAY: CHICKEN CAESAR SALAD  
 THURSDAY: COBB SALAD WITH POPCORN CHICKEN & BLUE CHEESE DRESSING  
 FRIDAY: CHICKEN CAESAR SALAD  
 SALAD BAR:  
 M-W-F ~ CHEF SALAD / T & TH ~ TACO SALAD  
 ADD FRUIT AND MILK TO ANY OF THE ABOVE AND IT COUNTS AS A FULL LUNCH.  
 Milk is offered with every lunch meal & all milk is 1% white or fat free  
 We use whole grain/whole wheat for all of our breads, buns, & breadings.  
 Condiments used are: ketchup, mustard, pickles, taco sauce, & sour cream  
 Dressings used: Ranch, Italian, & Honey mustard



# MAY/JUNE 2017 BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8 APPLE CINNAMON CHEERIOS BREAKFAST BAR FRUIT JUICE MILK	9 CHOICE OF CEREAL GRAHAM CRACKERS FRUIT JUICE MILK	10 YOGURT GRAHAM CRACKERS FRUIT JUICE MILK	11 BLUEBERRY MUFFIN FRUIT JUICE MILK	12 CHOICE OF CEREAL GRAHAM CRACKERS FRUIT JUICE MILK
15 POP TART FRUIT JUICE MILK	16 STRAWBERRY CREAM CHEESE BAGEL FRUIT JUICE MILK	17 CHOICE OF CEREAL GRAHAM CRACKERS FRUIT JUICE MILK	18 CINNAMON ROLL FRUIT JUICE MILK	19  NO SCHOOL
22 BLUEBERRY GRANOLA BREAKFAST BAR FRUIT JUICE MILK	23 CHOICE OF CEREAL GRAHAM CRACKERS FRUIT JUICE MILK	24 YOGURT GRAHAM CRACKERS FRUIT JUICE MILK	25 APPLE CINNAMON CHEERIOS BREAKFAST BAR FRUIT JUICE MILK	26 CHOICE OF CEREAL GRAHAM CRACKERS FRUIT JUICE MILK
29  MEMORIAL DAY NO SCHOOL	30 CHOICE OF CEREAL GRAHAM CRACKERS FRUIT JUICE MILK	31 STRAWBERRY CREAM CHEESE BAGEL FRUIT JUICE MILK	1 BLUEBERRY MUFFIN FRUIT JUICE MILK	2 YOGURT FRUIT JUICE MILK
5 CHOICE OF CEREAL GRAHAM CRACKERS FRUIT JUICE MILK	6 BLUEBERRY GRANOLA BREAKFAST BAR FRUIT JUICE MILK	7 POP TART FRUIT JUICE MILK	8 CHOICE OF CEREAL GRAHAM CRACKERS FRUIT JUICE MILK	9   It's SUMMER!