

# LAINGSBURG MIDDLE SCHOOL ~ NOVEMBER 2018 ~ LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 *GRILLED CHEESE SANDWICH *CHICKEN TENDERS TOMATO SOUP FRESH FRUIT	2 *FISH NUGGETS W/ROLL *CHEESEBURGER W/LETTUCE & TOMATO FRENCH FRIES JUICE
5 *FRENCH BREAD PIZZA *SPICY CHICKEN PATTY SANDWICH CARROTS SLICED PEARS	6 *MOZZARELLA STICKS *GRILLED CHICKEN SANDWICH W/LETTUCE & TOMATO GREEN BEANS CINNAMON APPLESAUCE	7 *CHEESE QUESADILLA *CHICKEN FAJITA REFRIED BEANS DICED PEACHES	8 *SPAGHETTI W/MEAT SAUCE & BREADSTICK *FLAT BREAD PIZZA MIXED ROMAINE SALAD JUICE	9 *ROASTED TURKEY *BBQ RIBLETS MASHED POTATOES & GRAVY ROLL FRESH FRUIT
12 *CHEESE PIZZA *CHICKEN & VEGETABLE STIR FRY RICE GREEN BEANS FRUIT COCKTAIL	13 *POPCORN CHICKEN *PHILLY STEAK SANDWICH BAKED BEANS STRAWBERRY CUP	14 *NACHOS DELUXE W/BEEF, BEANS, & CHEESE SAUCE *RED CHILI BURRITO PEAS JUICE	15 *PIG-N-BLANKET *PULLED PORK SANDWICH MIXED ROMAINE SALAD APPLESAUCE	16 *MEATBALL & CHEESE SUB *FISH NUGGETS CARROT STICKS & RANCH FRESH FRUIT
19 *DOUBLE STUFFED PIZZA *BAKED POTATO W/HAM & CHEESE ROLL GREEN BEANS PINEAPPLE TIDBITS	20 *MINI CORN DOGS *CHICKEN QUESADILLA CORN JUICE	<div style="border: 1px solid black; padding: 10px; display: inline-block;"> <p style="margin: 0;">NO SCHOOL - THANKSGIVING BREAK</p> </div>		
26 *CHEESE PIZZA *SPICY CHICKEN PATTY SANDWICH BROCCOLI SLICED PEARS	27 *CHICKEN NUGGETS *CHEESE RAVIOLI ROLL CORN PEACH CUP	28 *BEEF TACO W/LETTUCE & CHEESE *FIESTA PIZZA REFRIED BEANS JUICE	29 *MACARONI & CHEESE *BBQ RIBLETS W/ROLL GREEN BEANS FRESH FRUIT	30 *TURKEY BURGER W/CHEESE, LETTUCE & TOMATO *CHEESE QUESADILLA SWEET POTATO FRIES STRAWBERRY BANANA APPLESAUCE

THE FOLLOWING ITEMS WILL BE AVAILABLE DAILY A LA CARTE:

COLD SUBS - HAM OR TURKEY & HOT SUBS - TURKEY, HAM, OR PIZZA - BOSCO STICKS

MONDAY: CHICKEN CAESAR SALAD

TUESDAY: MICHIGAN CHERRY SALAD

WEDNESDAY: CHICKEN CAESAR SALAD

THURSDAY: BLT SALAD WITH RANCH DRESSING

FRIDAY: CHICKEN CAESAR SALAD

SALAD BAR:

M-W-F ~ CHEF SALAD / T & TH ~ TACO SALAD

ADD FRUIT AND MILK TO ANY OF THE ABOVE AND IT COUNTS AS A FULL LUNCH.

Milk is offered with every lunch meal & all milk is 1% white or fat free

We use whole grain/whole wheat for all of our breads, buns, & breading.

Condiments used are: ketchup, mustard, pickles, taco sauce, & sour cream

Dressings used: Ranch, Italian, & Honey mustard



# NOVEMBER 2018 BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 EGG & CHEESE MUFFIN SANDWICH FRUIT JUICE	2 CHOICE OF CEREAL GRAHAM CRACKERS FRESH FRUIT
5 BREAKFAST PIZZA FRUIT JUICE	6 CHOICE OF CEREAL GRAHAM CRACKERS FRUIT JUICE	7 SCRAMBLED EGGS W/HAM & CHEESE TOAST W/JELLY FRESH FRUIT	8 YOGURT GRAHAM CRACKERS FRUIT JUICE	9 FRENCH TOAST STICKS FRUIT JUICE
12 CHOCOLATE MUFFIN FRUIT JUICE	13 CHOICE OF CEREAL CINNAMON TOAST FRUIT & RAISINS	14 POP TART FRUIT JUICE	15 CHOICE OF CEREAL GRAHAM CRACKERS FRESH FRUIT	16 STRAWBERRY CREAM CHEESE BAGEL FRUIT JUICE
19 BLUEBERRY MUFFIN FRUIT JUICE	20 CHOICE OF CEREAL GRAHAM CRACKERS FRUIT JUICE	21	22	23
		NO SCHOOL - THANKSGIVING BREAK		
26 CHOICE OF CEREAL TOAST W/JELLY FRESH FRUIT	27 POP TART FRUIT JUICE	28 SAUSAGE PANCAKE ON A STICK FRUIT JUICE	29 BLUEBERRY NUTRI-GRAIN BAR FRUIT JUICE	30 CHOICE OF CEREAL GRAHAM CRACKERS FRESH FRUIT