

LAINSBURG MIDDLE SCHOOL ~ SEPTEMBER 2018 ~ LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 LABOR DAY NO SCHOOL	4 *CHICKEN PATTY SANDWICH *CHARBROILED CHEESEBURGER W/LETTUCE & TOMATO FRENCH FRIES APPLESAUCE	5 *NACHO DELUXE W/BEEF, BEANS, & CHEESE SAUCE *FIESTA PIZZA PEAS TROPICAL FRUIT MIX	6 *MACARONI & CHEESE *FLATBREAD PIZZA BROCCOLI JUICE	7 *MINI CORN DOGS *FISH & CHEESE SUB CELERY STICKS W/DIP FRESH FRUIT
10 *CHEESE PIZZA *SPICY CHICKEN PATTY SANDWICH BROCCOLI PEACHES	11 *CHICKEN NUGGETS *CHEESE RAVIOLI CORN JUICE ROLL	12 *BEEF TACO W/ LETTUCE & CHEESE *RED CHILI BURRITO REFRIED BEANS MANDARIN ORANGES	13 *PIG-N-BLANKET *PULLED PORK SANDWICH GREEN BEANS FRESH FRUIT	14 *TURKEY BURGER W/CHEESE, LETTUCE, & TOMATO *CHEESE QUESADILLA BABY CARROTS W/DIP STRAWBERRY BANANA APPLESAUCE
17 *MOZZARELLA STICK *BBQ RIBLETS ROMAINE LETTUCE SALAD MIX MANDARIN ORANGES	18 *CHICKEN FRIES *TERIYAKI BEEF & BROCCOLI W/RICE CHEESY CAULIFLOWER PINEAPPLE TIDBITS	19 *CHICKEN TACO W/LETTUCE & CHEESE *BEEF QUESADILLA REFRIED BEANS SLICED PEARS	20 *CHARBROILED CHEESEBURGER W/LETTUCE & TOMATO *MEATBALL & CHEESE SUB SWEET POTATO FRIES CINNAMON APPLESAUCE	21 *FRENCH TOAST STICKS & SAUSAGE PATTY *GRILLED CHICKEN SANDWICH W/LETTUCE & TOMATO HASH BROWNS JUICE
24 *PEPPERONI PIZZA *CHEESE RAVIOLI GREEN BEANS FRESH FRUIT	25 *CHICKEN PATTY W/ROLL *PHILLY STEAK SUB MASHED POTATOES & GRAVY BROCCOLI MANDARIN ORANGES	26 *WALING TACO W/DORITOS, BEEF, CHEESE, & LETTUCE *FIESTA PIZZA REFRIED BEANS JUICE	27 *GRILLED CHEESE SANDWICH *CHICKEN TENDERS TOMATO SOUP TROPICAL FRUIT MIX	28 *FISH NUGGETS *CHICKEN QUESADILLA FRENCH FRIES SLICED PEACHES

THE FOLLOWING ITEMS WILL BE AVAILABLE DAILY A LA CARTE:

COLD SUBS - HAM OR TURKEY & HOT SUBS - TURKEY, HAM, OR PIZZA - BOSCO STICKS

MONDAY: CHICKEN CAESAR SALAD

TUESDAY: MICHIGAN CHERRY SALAD

WEDNESDAY: CHICKEN CAESAR SALAD

THURSDAY: BLT SALAD WITH RANCH DRESSING

FRIDAY: CHICKEN CAESAR SALAD

SALAD BAR:

M-W-F ~ CHEF SALAD / T & TH ~ TACO SALAD

ADD FRUIT AND MILK TO ANY OF THE ABOVE AND IT COUNTS AS A FULL LUNCH.

Milk is offered with every lunch meal & all milk is 1% white or fat free

We use whole grain/whole wheat for all of our breads, buns, & breading.

Condiments used are: ketchup, mustard, pickles, taco sauce, & sour cream

Dressings used: Ranch, Italian, & Honey mustard



SEPTEMBER 2018 BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 LABOR DAY NO SCHOOL	4 POP-TART FRUIT JUICE	5 SAUSAGE PANCAKE ON A STICK FRUIT JUICE	6 CHOICE OF CEREAL TOAST W/JELLY FRESH FRUIT	7 BREAKFAST PIZZA FRESH FRUIT
10 FRENCH TOAST STICKS RAISINS JUICE	11 CHOICE OF CEREAL GRAHAM CRACKERS FRUIT JUICE	12 CHEESE OMELET TOAST W/JELLY FRUIT JUICE	13 CHOICE OF CEREAL GRAHAM CRACKERS FRESH FRUIT	14 CINNAMON ROLL FRUIT JUICE
17 BLUEBERRY MUFFIN FRUIT JUICE	18 CHOICE OF CEREAL GRAHAM CRACKERS RAISINS JUICE	19 STRAWBERRY CREAM CHEESE BAGEL FRUIT JUICE	20 EGG & CHEESE ENGLISH MUFFIN SANDWICH FRESH FRUIT	21 CHOICE OF CEREAL GRAHAM CRACKERS FRUIT JUICE
24 BREAKFAST PIZZA FRUIT JUICE	25 CHOICE OF CEREAL CINNAMON TOAST FRUIT JUICE	26 POP-TART FRUIT JUICE	27 YOGURT GRAHAM CRACKERS FRUIT JUICE	28 CHOICE OF CEREAL TOAST W/JELLY FRESH FRUIT