



LAINGSBURG ELEMENTARY
SCHOOL
LUNCH MENU

Milk is offered with every breakfast
& lunch meal. All milk is 1% - white
or fat free - chocolate.
W/G= Whole grain
W/W = Whole wheat

LES OCTOBER 2016

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 POPCORN CHICKEN CALIFLOWER RASBERRY APPLESAUCE W/W ROLL KETCHUP BBQ SAUCE	4 CHEESEBURGER ON A W/W BUN FRENCH FRIES TROPICAL FRUIT MIX KETCHUP, MUSTARD, & PICKLES	5 SOFT TACO W / LETTUCE, CHEESE, AND TACO SAUCE REFRIED BEANS W / CHIPS PINEAPPLE TIDBITS	6 MACARONI & CHEESE GREEN BEANS FRESH FRUIT ROLL	7 PIZZA ROUND CARROTS W / RANCH DIP MANDARIN ORANGES
10 CHICKEN PATTY MASHED POTATOES W / GRAVY JUICE SCOOPY SNACKS	11 SPAGHETTI W / MEAT SAUCE ROMAINE SALAD W / CHERRY TOMATOES APPLESAUCE BREAD STICK	12 ½ DAY NO LUNCH SERVED	13 MOZZARELLA STICKS W / MARINARA SAUCE GREEN BEANS TROPICAL FRUIT MIX	14 PEPPERONI PIZZA CARROTS FRESH FRUIT
17 GRILLED CHICKEN SANDWICH ON A W/W BUN WITH LETTUCE AND TOMATO BROCCOLI DICED PEARS SALAD DRESSING	18 MINI CORN DOGS CELERY STICKS W / RANCH DIP APPLESAUCE KETCHUP & MUSTARD	19 WALKING TACOS WITH MEAT CHEESE, LETTUCE, & TACO SAUCE PINTO BEANS JUICE	20 PIG-N-BLANKET SWEET POTATO FRIES DICED PEACHES KETCHUP & MUSTARD	21 CHEESE PIZZA CORN FRESH FRUIT
24 CHICKEN NUGGETS ROMAINE LETTUCE SALAD W / SHREDDED CARROTS ROLL JUICE KETCHUP OR BBQ SAUCE	25 BBQ PORK SANDWICH ON A W/W BUN BAKED BEANS DICED PEACHES	26 NACHOS DELUXE W / BEEF, BEANS, & CHEESE SAUCE PEAS RASBERRY APPLESAUCE	27 FISH NUGGETS COLESLAW CARROTS FRESH FRUIT TARTER SAUCE	28 ½ DAY NO LUNCH SERVED
31 CHICKEN PATTIE ON A W/W BUN GREEN BEANS PINEAPPLE TIDBITS				

The USDA is an equal opportunity provider and employer.

FOR LUNCHES: PAY WITH ONE CHECK FOR ALL YOUR CHILDREN.
 PLEASE SEND WITH OLDEST STUDENT. PAY BY THE DAY, THE WEEK,
 OR THE MONTH. MILK: .50 CENTS BREAKFAST: \$1.50

HOT LUNCH SCALE:

1- \$2.60	6- \$15.60
2- \$5.20	7- \$18.20
3- \$7.80	8- \$20.80
4- \$10.40	9- \$23.40
5- \$13.00	10-\$26.00

OCTOBER 2016 BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 CHOICE OF CEREAL TOAST W / JELLY FRUIT JUICE	4 STRAWBERRY CREAM CHEESE BAGEL FRUIT JUICE	5 YOGURT GRAHAM CRACKERS FRUIT JUICE	6 POPTART FRUIT JUICE	7 CHOICE OF CEREAL CINNAMON TOAST FRUIT JUICE
10 BREAKFAST PIZZA FRUIT JUICE	11 CHOICE OF CEREAL TOAST W/ JELLY FRUIT JUICE	12 FRENCH TOAST STICKS FRUIT JUICE	13 CHOICE OF CEREAL GRAHAM CRACKERS FRUIT JUICE	14 APPLE CINNAMON OATMEAL CINNAMON TOAST FRUIT JUICE
17 CHOICE OF CEREAL GRAHAM CRACKERS FRUIT JUICE	18 CHEESE OMELET TOAST W / JELLY FRUIT JUICE	19 SAUSAGE PANCAKE ON A STICK FRUIT JUICE	20 CHOICE OF CEREAL CINNAMON TOAST FRUIT JUICE	21 CINNAMON ROLL FRUIT JUICE
24 FRENCH TOAST STICKS FRUIT JUICE	25 CHOICE OF CEREAL TOAST W / JELLY FRUIT JUICE	26 BREAKFAST PIZZA FRUIT JUICE	27 CHOICE OF CEREAL GRAHAM CRACKERS FRUIT JUICE	28 YOGURT TOAST W / JELLY FRUIT JUICE
31 CHOICE OF CEREAL CINNAMON TOAST FRUIT JUICE	