LAINGSBURG MIDDLE SCHOOL ~ SEPTEMBER 2016 ~ LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5 **NO SCHOOL LABOR DAY!**	6 *CHEESEBURGER ON A W /W BUN *SPICY CHICKEN TENDERS W /W ROLL FRENCH FRIES MANDARIN ORANGES KETCHUP, MUSTARD, & PICKLES	7 *SOFT TACO W / LETTUCE & CHEESE TACO SAUCE *CHICKEN QUESADILLA W / SALSA & SOUR CREAM REFRIED BEANS W / CHIPS PINEAPPLE TIDBITS	8 *MACARONI & CHEESE *CORN DOG W / KETCHUP & MUSTARD GREEN BEANS DICED PEACHES	9 *POPCORN CHICKEN W / W/W ROLL *PIZZA ROUND CARROT STICKS W / RANCH DIP FRESH FRUIT SCOOBY SNACKS KETCHUP
12 *PIZZA BAGEL W / PEPPERONI *FISH SANDWICH W / TARTER SAUCE CAULIFLOWER APPLESAUCE	13 *SPAGHETTI W / MEAT SAUCE W /W ROLL *RIB-I-QUE ON A W / W BUN ROMAINE SALAD W / SHREDDED CARROTS RANCH DRESSING JUICE	14 *NACHOS DELUXE BEEF, BEANS, & CHEESE SAUCE *CHICKEN CHILI W /CRACKERS PEAS DICED PEARS	15 *TURKEY & CHEESE SUB W / LETTUCE AND SLICED TOMATO *CHICKEN PARMESAN ON W /W PASTA BROCCOLI FRESH FRUIT	16 *CHICKEN NUGGETS W / KETCHUP OR BBQ SAUCE *FLATBREAD PIZZA CARROT STICKS W / RANCH DIP TROPICAL FRUIT SCOOBY SNACKS
19 *CHEESE PIZZA *CHICKEN ALA KING ON A BISQUIT CELERY STICKS W / RANCH DIP DICED PEACHES	20 *SLOPPY JOE *TURKEY BURGER ON A W /W BUN FRENCH FRIES FRESH FRUIT KETCHUP, MUSTARD, & PICKLES	21 *WALKING TACO MEAT, CHEESE, & LETTUCE *FIESTA PIZZA PINTO BEANS JUICE	22 PIG-N-BLANKET W / KETCHUP & MUSTARD PEPPERONI PIZZA MIXED VEGGIES CINNAMON APPLESAUCE	23 *GRILLED CHICKEN SANDWICH ON A WHEAT BUN W / LETTUCE & SLICED TOMATO *BAKED POTATO WITH HAM & CHEESE SOUR CREAM BROCCOLI DICED PEARS
26 *FRENCH BREAD PIZZA *GRILLED CHEESE SANDWICH TOMATO SOUP BROCCOLI PINEAPPLE TIDBITS	27 *MINI CORN DOGS *SPICY CHICKEN PATTY ON A W /W BUN COLESLAW DICED PEARS KETCHUP & MUSTARD	28 *MINI CHEESE QUESDILLA *CHICKEN FAJITA ON A W /W TORTILLA REFRIED BEANS W / CHIPS APPLESAUCE SALSA & SOUR CREAM	29 *MOZZARELLA STICKS W / MARINARA SAUCE *CHEESEBURGER ON A W /W BUN KETCHUP, MUSTARD, & PICKLES CARROTS FRESH FRUIT	30 *CHICKEN PATTY W /W ROLL LT. MAYO *HOT TURKEY SANDWICH W / MASHED POTATOES & GRAVY JUICE
			The USDA is an equal opportunity provider and employer. Middle School breakfast available daily by contacting building principal.	**Milk is offered with every lunch meal & all milk is 1% white or fat free chocolate. W/G= Whole Grain & W/W = Whole Wheat**

THE FOLLOWING ITEMS WILL BE AVAILABLE DAILY A LA CARTE:
COLD SUBS
HOT PIZZA SUBS
ON M-W-F THE SALAD BAR WILL HAVE TURKEY MEAT.
ON T & TH THE SALAD BAR WILL HAVE TACO MEAT.
ADD FRUIT AND MILK TO ANY OF THE ABOVE AND IT COUNTS AS A FULL LUNCH.